

Breakfast Menu

Walkill HS **October 2026**

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

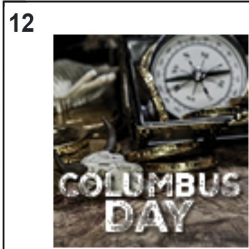
5 Ham & Cheese Bagel Melt **P**
Unflavored 1% Milk
Fruity Granola
Parfait    

6 WGR Donut 
Unflavored 1% Milk
Fruity Granola
Parfait    

7 WW Honey Bun 
Unflavored 1% Milk
Fruity Granola
Parfait    

1 Fluffy Whole Grain Pancakes 
Sausage Patty
Syrup
Unflavored 1% Milk
Fruity Granola
Parfait    

2 Cinnamon French Toast 
Sausage Patty
Syrup
Unflavored 1% Milk
Fruity Granola
Parfait    



12
13 Egg and Cheese Sandwich 
Unflavored 1% Milk
Fruity Granola
Parfait    

14 Maple Mini Waffles 
Unflavored 1% Milk
Fruity Granola
Parfait    

15 Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
Fruity Granola
Parfait    

16 WW Honey Bun 
Unflavored 1% Milk
Fruity Granola
Parfait    

19 Sausage, Egg and Cheese Sandwich
Unflavored 1% Milk
Fruity Granola
Parfait    

20 Fluffy Whole Grain Pancakes 
Sausage Patty
Syrup
Unflavored 1% Milk
Fruity Granola
Parfait    

21 Egg and Cheese Sandwich 
Unflavored 1% Milk
Fruity Granola
Parfait    

22 Unflavored 1% Milk
Fruity Granola
Parfait    

23 Bacon, Egg and Cheese Wrap **P**
Unflavored 1% Milk
Fruity Granola
Parfait    

26 Whole Grain French Toast Slices 
Syrup
Unflavored 1% Milk
Fruity Granola
Parfait    

27 Bacon, Egg and Cheese Breakfast Sandwich **P**
Unflavored 1% Milk
Fruity Granola
Parfait    

28 WW Honey Bun 
Unflavored 1% Milk
Fruity Granola
Parfait    

29 Ham & Cheese Bagel Melt **P**
Unflavored 1% Milk
Fruity Granola
Parfait    

30 Maple Mini Waffles 
Unflavored 1% Milk
Fruity Granola
Parfait    



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices
We are now ALL free!

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~
Bagels ~ Egg Sandwiches ~ Parfaits ~ PBJ
Sandwiches ~ Milk and
Fruit / Fruit Juices.

String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service director

Marilyn D. [Smart] at 845-895-7 [Organic Ingredients]

