

Wallkill Borden Middle School

Welcome to our
Lunch Cafe

10/01/2026 - 10/02/2026

Monday **Tuesday** **Wednesday** **Thursday** **Friday**



1 Yard Bird Classic
Chicken Sandwich
a delicious chicken filet
on a hearty bun, served
with special sauce and a
pickle 🥒 🍌 🍌
Carrot Sticks
Crispy Potato Puffs 🍟
Fresh Orange 🍊



2 Herb Roasted Chicken
Yellow Rice
Beet and Onion Salad
Buffalo Cauliflower
Fresh Grapes



Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Offering New Specials EVERY week!
To see our menus visit us at www.fomealplanner.com

Grilled Cheese Pizza
fresh pizza dough topped
with mozzarella &
cheddar cheese and
baked until crisp 🌱 🍌

Grilled Cheese Pizza
fresh pizza dough topped
with mozzarella &
cheddar cheese and
baked until crisp 🌱 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Spicy Chicken Melt
Meltdown Café
moist spicy chicken
topped with melted
cheese inside a warm
bread

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Meltdown Café
moist spicy chicken
topped with melted
cheese inside a warm
bread

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Ham & Cheese
Sandwich
freshly made and thinly
sliced ham and cheese
on a sandwich P

Deli Bar
Ham & Cheese
Sandwich P

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Crispy Chicken Garden
Salad
fresh garden salad
topped with baked crispy
chicken and served with
dinner roll(s) 🌱 🍌 🍌
Fruity Granola Parfait
🌱 🍌 🍌 🍌 🍌

Crispy Chicken Garden
Salad
fresh garden salad
topped with baked crispy
chicken and served with
dinner roll(s) 🌱 🍌 🍌
Fruity Granola Parfait
🌱 🍌 🍌 🍌 🍌

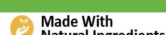
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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WHITSON'S FAMILY OF COMPANIES WWW.WHITSONS.COM



Wallkill Borden Middle School

Welcome to our
Lunch Cafe

10/05/2026 - 10/09/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



5 Fluffy Whole Grain Waffles
warm whole grain waffles
Syrup
Sausage Patty
Crispy Potato Puffs
Strawberries

6 Sour Cream Mild Salsa
Chickpea Salad
Fresh Cucumber Salad
Fiesta Corn
Fresh Pear
National Taco Day Observed

7 General Tso Chicken
Noodle Bowl
freshly baked chicken in a soy ginger sauce with vegetables over noodles
Carrot Dippers
Steamed Broccoli
Pineapple
National Noodle Day

8 Wing Shack Chicken Wings
breaded chicken wings baked to perfection
Wing Shack Honey BBQ Chicken Wings
Dinner Rolls
Carrot Sticks
Oven Baked Fries
Fresh Orange

9 Spicy Cheddar Burger
grilled spicy beef patty topped with cheddar cheese with lettuce and tomato
Tomato Salad
Sweet Potato Fries
Fresh Apple

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Broccoli Pizza
freshly prepared in-house cheese pizza topped with broccoli

Onion Pizza
freshly prepared in-house cheese pizza topped with sliced onions

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

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golden toasted bread with melted gooey cheese pressed and prepared in-house
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Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Deli Bar
Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

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freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

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Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

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Deli Bar
an assortment of cold cuts, cheeses, condiments and breads, rolls, or wraps to create your own sandwich
Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken and Strawberry Salad
fresh strawberries with chicken over greens
Dinner Rolls
Fruity Granola Parfait

Chicken and Strawberry Salad
fresh strawberries with chicken over greens
Dinner Rolls
Fruity Granola Parfait

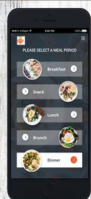
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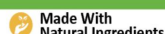
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

10/12/2026 - 10/16/2026

MEATLESS MONDAY

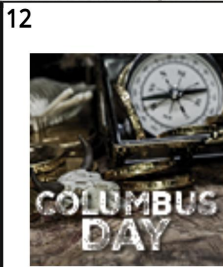
Monday

Tuesday

Wednesday

Thursday

Friday



12
Beef and Cheese Quesadilla
melted cheese with homemade fiesta beef folded inside a grilled tortilla 🌮
Cheese Quesadilla 🌱
Mild Salsa
Sour Cream
Yellow Rice
Seasoned Black Beans

13
Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy 🍲
Buttered Corn
Side Salad
Watermelon Cup 🍉

14
Tot Spot's Philly Tater Tots
crispy tater tots topped with beef, peppers and onions and creamy cheese sauce 🍷
Chilled Red Pepper Strips
Green Beans
Fresh Apples

15
Chicken Philly Cheesesteak
thin sliced chicken with sauteed peppers and onions with cheese on a whole wheat roll 🍷
Steamed Carrots
Sauteed Spinach
Sliced Oranges 🍊

FOOD TRUCK FRIDAY

National School Lunch Week

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



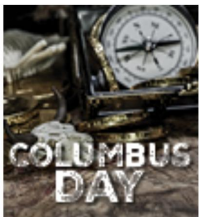
Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni 🍷

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freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni 🍷

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freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni 🍷

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, meatballs and pepperoni 🍷

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



BBQ Chicken Melt
Meltdown Café
moist chicken covered in tangy BBQ sauce topped with melted cheese inside a warm bread

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moist chicken covered in tangy BBQ sauce topped with melted cheese inside a warm bread

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Deli Bar
American Combo Sandwich 🍷

Deli Bar
American Combo Sandwich 🍷

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American Combo Sandwich 🍷

Deli Bar
American Combo Sandwich 🍷

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



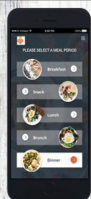
Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷
Fruity Granola Parfait 🍷

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fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷
Fruity Granola Parfait 🍷

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fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷
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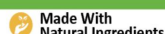
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

10/19/2026 - 10/23/2026

Monday

Tuesday

Wednesday

Thursday

Friday

19 Pasta with Creamy Tomato Sauce & Chicken pasta with creamy tomato sauce, chicken and spinach 🍴
Homemade Garlic Naan
Garden Salad
Roasted Squash
Applesauce 🍏

20 Walking Taco **Beef** mexi-style taco meat paired with crispy chips 🍴
Romaine Lettuce
Sour Cream
Mild Salsa
Steamed Broccoli
Fresh Orange 🍊

21 Honeyfire Kitchen Chicken Tenders Honey fire kitchen chicken tenders with carrot and celery sticks 🍴
Vegetable Rice Pilaf
Spiced Roasted Green Beans w/ Parmesan
Honeydew and Cantaloupe Cup

22 Chicken Bacon Sandwich tender, crispy chicken patty topped with crispy bacon and leaf lettuce 🍴
Tomato Salad 🍅
Spicy Four Bean Salad
Chili Roasted Corn
Apple with Caramel Sauce

23 Spicy Cheddar Burger grilled spicy beef patty topped with cheddar cheese with lettuce and tomato 🍴
Pickle Chips
Carrot Sticks
Celery
Crispy Potato Puffs 🍟
Fresh Banana 🍌



#BigAppleCrunch

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk

10/22/26



Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

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Hand Crafted Buffalo Chicken Pizza fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Austin Steak Twister Meltdown Café freshly prepared thinly sliced beef with sauteed mushrooms, onions & peppers smothered in melted mozzarella drizzled with BBQ sauce 🍴

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Deli Bar Turkey Club Wrap turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla 🍴

Deli Bar Turkey Club Wrap turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla 🍴

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Deli Bar Turkey Club Wrap turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla 🍴

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Italian Pizza Salad tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens 🍴

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Dinner Rolls 🍞
Fruity Granola Parfait 🍓

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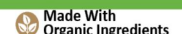
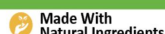
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

10/26/2026 - 10/30/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



26 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🌱
Tomato Sauce
Sautéed Zucchini
Spiced Roasted Green Beans w/ Parmesan
Applesauce 🍏

27 Chicken Parmesan Over Pasta
oven baked chicken topped with sauce and melted cheese, all over pasta 🍔 🍌
Side Salad
Roasted Broccoli
Fresh Blueberries

28 Buffalo Chicken Mac & Cheese
pasta in cheese sauce, topped with buffalo style chicken 🍔 🍌
Fresh Orange 🍊

29 BBQ Pulled Pork Sandwich
shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun 🍔
Chickpea Salad 🍌
Crispy Potato Puffs 🍌
Fresh Banana 🍌

30 Beef Goulash
Hungarian style beef stew with fresh mushrooms, carrots, onions and celery simmered to perfection in-house 🍔 🍌
Carrot Sticks
Spiced Roasted Green Beans w/ Parmesan
Fresh Orange 🍊

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Bacon Pizza
handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🍔 🍌

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handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🍔 🍌

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Bacon Pizza
handmade pizza topped with sauce, melted mozzarella and crispy bacon pieces 🍔 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Chicken Bacon Ranch Wrap
tender chicken tossed in buttermilk ranch dressing with lettuce, tomatoes and bacon in a wrap 🍔 🍌

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tender chicken tossed in buttermilk ranch dressing with lettuce, tomatoes and bacon in a wrap 🍔 🍌

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Deli Bar
Egg Salad Sandwich 🌱

Deli Bar
Egg Salad Sandwich 🌱

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Deli Bar
Egg Salad Sandwich 🌱

Deli Bar
Egg Salad Sandwich 🌱

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱
Dinner Rolls 🍌
Fruity Granola Parfait 🍌

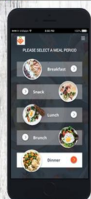
Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱
Dinner Rolls 🍌
Fruity Granola Parfait 🍌

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fresh garden salad topped with cheese 🌱
Dinner Rolls 🍌
Fruity Granola Parfait 🍌

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Dinner Rolls 🍌
Fruity Granola Parfait 🍌

Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱
Dinner Rolls 🍌
Fruity Granola Parfait 🍌

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