



# OCTOBER 2026

John Young

Students! Please enjoy  
a FREE Breakfast and  
Lunch Daily!



Monday



Tuesday



Wednesday



Thursday



Friday

Mozzarella Sticks  
W/Pizza Sauce  
Mixed Veggies  
Mixed Fruit

5

Walking Taco  
Refried Beans  
Peaches

6

French Toast Sticks  
W/Sausage  
Potato Rounds  
Blueberries

7

Pulled Pork Sandwich  
Baked Beans  
Mixed Berries

1

Chicken Bowl  
Mashed Potatoes  
Dinner Roll  
Corn  
Pears

2

Chicken Nuggets  
Baked Beans  
Peaches

12

Cheesy Bread W/Pizza  
Sauce  
Broccoli  
Pears

13

No School

14

No School

15

No School

16

No School

19

BBQ Rib Sandwich  
Sweet Potato Fries  
Pears

20

Pizza Crunchers  
Broccoli & Cheese  
Applesauce  
Fruit Wiggles

21

Salisbury Steak  
w/Mashed Potatoes  
Dinner Roll  
Green Beans  
Peaches

22

Rotini Pasta  
W/Seasoned Flatbread  
California Blend Veggies  
Mandarin Oranges

23

Nachos Grande  
Refried Beans  
Pears

26

Chicken Wrap  
Green Beans  
Applesauce

27

Pancake Bites  
W/Sausage  
Potato Rounds  
Strawberries  
Potato Bar

28

Cheesy Pull Aparts  
W/Pizza Sauce  
Broccoli  
Peaches

29

Buffalo Mac & Cheese  
W/Breadstick  
Seasoned Carrots  
Mixed Fruit

30

Daily Offerings: **Everyday:** Cold Sandwiches/Wraps, Various Salads **Monday:** Pizza **Tuesday:** Chicken Sandwich

**Wednesday:** Taco Bar or Potato Bar **Thursday:** Pizza **Friday:** Chicken Sandwich

\*This Institution is an Equal Opportunity Provider, employer and lender \*Menu Subject to Change

