

Please advise your child that he or she is required to take at least 3 food items at breakfast and lunch. One of these items must be 1/2 a cup of fruit or vegetable.

PACIFIC UNION SCHOOL

October, 2026 Breakfast/Lunch Menu

Menu Subject to Change

1% White Milk or
Nonfat Chocolate Milk served
every day

Si Usted necesita ayuda con la traduccion de nuestro menú, por favor
póngase en contacto con la oficina de la escuela en 834-2533.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1 <u>BREAKFAST</u> Benefit Bar Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Hamburger Fries Fruit Vegetable Milk	2 <u>BREAKFAST</u> Pancake Sausage On a Stick Fruit Fruit Juice Milk <u>LUNCH</u> Cheese Bread Stick Green Salad Fruit Vegetable Milk	3
4	5 <u>BREAKFAST</u> Biscuit Sausage Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Orange Chicken Brown Rice Fruit Vegetable Milk	6 <u>BREAKFAST</u> Bagel Cream Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Chicken Sandwich Chips Fruit Vegetable Milk	7 <u>BREAKFAST</u> Cold Cereal Graham Cracker Fruit Fruit Juice Milk <u>LUNCH</u> Baked BBQ Chicken Rice Fruit Vegetable Milk	8 <u>BREAKFAST</u> Concha String Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Ham & Cheese Sandwich w/Chips Fruit Vegetable Milk	9 <u>BREAKFAST</u> Banana Bread Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Pizza Green Salad Fruit Vegetable Milk	10
11	12 	13 <u>BREAKFAST</u> Muffin Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Mac n Cheese Garlic Bread Fruit Vegetable Milk	14 <u>BREAKFAST</u> Peanut Butter Jelly Sandwich Fruit Fruit Juice Milk <u>LUNCH</u> Grilled Cheese Chips Fruit Vegetable Milk	15 <u>BREAKFAST</u> Cold Cereal Graham Crackers Fruit Fruit Juice Milk <u>LUNCH</u> Chile Verde Rice Fruit Vegetable Milk	16 <u>BREAKFAST</u> Donut Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Pizza Pocket Green Salad Fruit Vegetable Milk	17
18	19 <u>BREAKFAST</u> Breakfast Pizza Fruit Fruit Juice Milk <u>LUNCH</u> Chicken Nuggets Fries Fruit Vegetable Milk	20 <u>BREAKFAST</u> Cold Cereal Graham Crackers Fruit Fruit Juice Milk <u>LUNCH</u> Lasagna Garlic Bread Fruit Vegetable Milk	21 <u>BREAKFAST</u> Honey Bun String Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Orange Chicken Brown Rice Fruit Vegetable Milk	22 <u>BREAKFAST</u> Benefit Bar Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Hamburger Chips Fruit Vegetable Milk	23 <u>BREAKFAST</u> Pancake Sausage On a Stick Fruit Fruit Juice Milk <u>LUNCH</u> Pizza Green Salad Fruit Vegetable Milk	24
25	26 <u>BREAKFAST</u> French Toast Sausage Fruit Fruit Juice Milk <u>LUNCH</u> Hot Dog Fries Fruit Vegetable Milk	27 <u>BREAKFAST</u> Bagel Cream Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Chicken Sandwich Chips Fruit Vegetable Milk	28 <u>BREAKFAST</u> Cold Cereal Graham Cracker Fruit Fruit Juice Milk <u>LUNCH</u> Chili Beans Corn Bread Fruit Vegetable Milk	29 <u>BREAKFAST</u> Concha String Cheese Fruit Fruit Juice Milk <u>LUNCH</u> Cheese Bread Sticks Green Salad Fruit Vegetable Milk	30 <u>BREAKFAST</u> Banana Bread Yogurt Fruit Fruit Juice Milk <u>LUNCH</u> Ham & Cheese Sandwich w/Chips Fruit Vegetable Milk	
						

"This institution is an equal opportunity provider"

"Esta institución es un proveedor de igualdad de oportunidades"