

Grade 6-8

# MENUS

Oct. 2026

National Lunch Week October 13<sup>th</sup> -16<sup>th</sup>

Get a raffle ticket every time you eat at your cafeteria between the 13th and the 16th. for a chance to win a Class Pizza Party

**Happy Halloween**

**Enjoy a "Cookie Crumble Dessert" when you eat lunch at your cafeteria on 10/30**

**Did you know?**

Staying active helps build strong bones and muscles, relieve stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



**Questions or Comments?**

General Manger: Tedrick Woods

Phone: (480) 541 1663

Web Link for menus:

[www.schoolnutritionandfitness.com](http://www.schoolnutritionandfitness.com)

This institution is an equal opportunity provider



| Monday                                                                                                                                                                                                                                                                                              | Tuesday                                                                                                                                  | Wednesday                                                                                                         | Thursday                                                                                                                                  | Friday                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| <p>Daily selection includes full salad bar with the choice of white or chocolate milk.</p> <p>Daily selections include Hamburgers, Cheeseburgers, Spicy Chicken Patty Sandwiches, Pepperoni Pizza, Cheese Pizza, Sandwiches, Nachos (Mon/Wed), Orange Chicken (Tues/Thursday) and French fries.</p> |                                                                                                                                          |                                                                                                                   | 1                                                                                                                                         | 2                                                                                                                            |
| <div>  <div>HAVE A GREAT FALL BREAK</div>  </div>                                                                           |                                                                                                                                          |                                                                                                                   |                                                                                                                                           |                                                                                                                              |
| 12                                                                                                                                                                                                                                                                                                  | 13                                                                                                                                       | 14                                                                                                                | 15                                                                                                                                        | 16                                                                                                                           |
| <b>No School</b>                                                                                                                                                                                                                                                                                    | <b>Breakfast</b><br>Turkey Sausage & Cheese Cinnamon Roll Sandwich<br><b>Lunch</b><br>Southwest Chicken Tacos<br>Classic Refried Beans   | <b>Breakfast</b><br>Fluffy Pancakes<br><b>Lunch</b><br>Chicken Nuggets w/Onion Rings<br>Italian Veggie Blend      | <b>Breakfast</b><br>Bacon, Egg & Cheese Tacos<br><b>Lunch</b><br>Loaded Beef Gordita<br>Vegetarian Baked Beans                            | <b>Breakfast</b><br>Cinnamon Apple Toast Crunch Parfait<br><b>Lunch</b><br>Meatball Alfredo Sub<br>Peppered Broccoli Florets |
| 19                                                                                                                                                                                                                                                                                                  | 20                                                                                                                                       | 21                                                                                                                | 22                                                                                                                                        | 23                                                                                                                           |
| <b>Breakfast</b><br>Sweet Apple Frudel<br><b>Lunch</b><br>Orange Chicken w/Spicy Chili Garlic Lo Mein<br>Spiced Green Beans                                                                                                                                                                         | <b>Breakfast</b><br>Egg, Turkey Sausage, Cheese Breakfast Wrap<br><b>Lunch</b><br>Ground Beef Soft Tacos<br>Seasoned Mixed Veggie Medley | <b>Breakfast</b><br>Breakfast Pizza Bagel<br><b>Lunch</b><br>BBQ Diced Chicken Sandwich<br>Vegetarian Baked Beans | <b>Breakfast</b><br>Glazed Cinnamon Roll<br><b>Lunch</b><br>Popcorn Chicken Potato Bowl w/Roll<br>Spiced Green Beans                      | <b>Breakfast</b><br>Honey Chicken Biscuit<br><b>Lunch</b><br>Diced Chicken Baked Potato w/Biscuit<br>Zingy Crinkle Fries     |
| 26                                                                                                                                                                                                                                                                                                  | 27                                                                                                                                       | 28                                                                                                                | 29                                                                                                                                        | 30                                                                                                                           |
| <b>Breakfast</b><br>Warm Blueberry Loaf<br><b>Lunch</b><br>Rotini Marinara w/Meatballs<br>Peppered Broccoli Florets                                                                                                                                                                                 | <b>Breakfast</b><br>Cheesy Egg Breakfast Burrito<br><b>Lunch</b><br>Southwest Chicken Tacos<br>Black Beans                               | <b>Breakfast</b><br>Savory Biscuit & Gravy<br><b>Lunch</b><br>Chicken Nugget Potato Bowl w/Roll<br>Steamed Corn   | <b>Breakfast</b><br>Trix Berry Yogurt Parfait<br><b>Lunch</b><br>Buffalo Chicken Macaroni & Cheese<br>Sweet Honey Sriracha Sweet Potatoes | <b>Breakfast</b><br>Spicy Chicken Biscuit Twister<br><b>Lunch</b><br>Chicken Parmesan w/Spaghetti<br>Italian Veggie Blend    |

Breakfast Meal Price: Paid \$1.70

Lunch Meal Price: Paid \$3.10

Adult Meal Price: \$3.90