

Grade K-5 (Gluten Free)

MENUS

October 2026

Did you know?

Staying active helps build strong bones and muscles, relieve stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



Questions or Comments?

General Manager: Tedrick Woods

Phone: (480) 541 1665

Web Link for menus:

www.schoolnutritionandfitness.com

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
		HAVE A GREAT FALL BREAK		
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12 No School	13 <u>Lunch</u> Gluten Free Cheese Quesadilla Refried Beans	14 <u>Lunch</u> Gluten Free Macaroni & Cheese Italian Veggie Blend	15 <u>Lunch</u> Gluten Free Grilled Cheeseburger Zingy Crinkle Fries	16 <u>Lunch</u> Gluten Free Delicious Cheese Pizza Peppered Broccoli Florets
19 <u>Lunch</u> Gluten Free Turkey Ham & Cheese Sandwich Italian Veggie Blend	20 <u>Lunch</u> Gluten Free Classic Hamburger Crispy Tater Tots	21 <u>Lunch</u> Gluten Free BBQ Diced Chicken Sandwich Peppered Broccoli Florets	22 <u>Lunch</u> Gluten Free Sunbutter & Jelly Sandwich w/ String Cheese Spiced Green Beans	23 <u>Lunch</u> Gluten Free Cheese Pizza Zingy Crinkle Fries
26 <u>Lunch</u> Gluten Free Turkey Ham & Cheese Sandwich Peppered Broccoli Florets	27 <u>Lunch</u> Gluten Free Mini Cheese Quesadillas Black Beans	28 <u>Lunch</u> Gluten Free Macaroni & Cheese Steamed Corn	29 <u>Lunch</u> Gluten Free Juicy Hamburger Zingy Crinkle Fries	30 <u>Lunch</u> Gluten Free Cheese Pizza Italian Veggie Blend

Breakfast Meal Price: Paid \$1.70

Lunch Meal Price: Paid \$3.00

Adult Meal Price: \$3.90