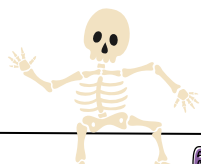




OCTOBER

SOLANA PACIFIC /
SOLANA RANCH /
SOLANA VISTA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
1 CRISPY CHICKEN TENDERS OR SUNBUTTER & STRAWBERRY JELLY SANDWICH OR YOGURT PARFAIT	5 CINNAMON FRENCH TOAST STICKS, TURKEY SAUSAGE PATTIES (VEGETARIAN: VEGGIE PATTIES) OR TUNA SALAD SANDWICH	6 STICKY MISO SALMON BOWL OR VEGETARIAN CHILI OR AVOCADO CAPRESE WRAP	7 CHEESE PIZZA OR PESTO CHICKEN CLUB SANDWICH	8 BBQ: SOLANA RANCH 2 THROWBACK NACHOS OR ASIAN CHOPPED SALAD
12 CARNE ASADA TACOS OR VEGETABLE TOFU COCONUT CURRY OR YOGURT PARFAIT	13 PASTA WITH TURKEY MEATBALL RAGU OR EGG SALAD SANDWICH	14 ORANGE CHICKEN OR CHANA MASALA WRAP OR SOUTHWEST TACO SALAD	15 CHEESE PIZZA OR VEGETARIAN 'CHICKEN' CAESAR WRAP	16 BBQ: SOLANA VISTA 9 MACARONI AND CHEESE OR MEXICAN SOPA DE ALBONDIGAS OR CALIFORNIA COBB SALAD
19 CRISPY CHICKEN TENDERS OR SUNBUTTER & STRAWBERRY JELLY SANDWICH OR YOGURT PARFAIT	20 CINNAMON FRENCH TOAST STICKS, TURKEY SAUSAGE PATTIES (VEGETARIAN: VEGGIE PATTIES) OR TUNA SALAD SANDWICH	21 STICKY MISO SALMON BOWL OR VEGETARIAN CHILI OR AVOCADO CAPRESE WRAP	22 CHEESE PIZZA OR PESTO CHICKEN CLUB SANDWICH	23 MACARONI AND CHEESE OR MEXICAN SOPA DE ALBONDIGAS OR CALIFORNIA COBB SALAD
26 MINIMUM DAY	27 MINIMUM DAY	28 MINIMUM DAY	29 MINIMUM DAY	30 MINIMUM DAY
 PANCAKE BAR	BREAKFAST SANDWICH	CHICKEN & WAFFLE	BREAKFAST BURRITO BAR	FRENCH TOAST BOWL & TURKEY BACON

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

OCTOBER 25:
HALLOWEEN CARNIVAL (SV)
BBQ DAYS:
SOLANA RANCH: OCTOBER 2
SOLANA VISTA: OCTOBER 9
SOLANA PACIFIC: OCTOBER 16

DAILY BREAKFAST
M - BREAKFAST BURRITO BAR
TU - MEXICAN BREAKFAST BREAD
W - MUFFINS
TH - YOGURT & CINNAMON SNACK CRACKERS
F - BENEFIT BREAKFAST BAR

**SALAD BAR
AVAILABLE
DAILY AT LUNCH**

