

Mount Calm ISD
Elementary Lunch
001 - Mt. Calm ISD 00586
Elementary Nov,2026

Sep 25, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Salisbury Steak Mashed Potatoes LS California Blend Baby Carrots BROCCOLI,raw strawberries diced cup Applesauce Wheat Roll 1 oz. Chocolate Milk White Milk	Nov - 3 CHICKEN FAJITAS HI PINTO BEANS Fiesta Lime corn Garden Spinach Salad Cucumbers Sliced Banana Mixed Berries cup White Milk Chocolate Milk Salsa	Nov - 4 LASAGNA WITH GRO Green Beans LS Garden Spinach Salad Cucumbers Sliced Garlic bread sticks WG Banana Fruit Cocktail White Milk Chocolate Milk	Nov - 5 Pepperoni Pizza WW CORN ON THE COB Cucumbers Sliced Garden Spinach Salad Mandarin Oranges Pineapple Chocolate Milk White Milk Ranch package	Nov - 6 TURKEY AND DRESS Green Beans LS Mashed Potatoes LS Garden Spinach Salad CRANBERRY SAUCE Apple strawberries diced cup Wheat Roll 1 oz. Apple Crisp Chocolate Milk White Milk
Nov - 9 Hamburger Burger Salad Baked sour cream&oni Baby Carrots BROCCOLI,raw Orange Applesauce Chocolate Milk White Milk Mayonnaise Ketchup	Nov - 10 Beef Nachos PINTO BEANS Spanish Rice Baby Carrots Garden Spinach Salad Cornbread Apple Grapes Chocolate Milk White Milk Ranch package	Nov - 11 BARBECUED CHICKE vegetarian Beans Broccoli POTATO SALAD Cucumbers Sliced Garden Spinach Salad Grapes GRAPEFRUIT Wheat Roll 1 oz. Chocolate Milk White Milk	Nov - 12 CHILI MAC W/BEEF C MIXED VEGETABLES Baby Carrots Celery Sticks Garden Spinach Salad Wheat Roll 1 oz. Pears Apple White Milk Chocolate Milk Ranch package	Nov - 13 Pepperoni Pizza WW CORN ON THE COB Cucumbers Sliced Garden Spinach Salad Mandarin Oranges Pineapple Chocolate Milk White Milk Ranch package
Nov - 16 Chicken Nuggets Mashed Potatoes LS Green Beans LS Wheat Roll 1 oz. Garden Spinach Salad BROCCOLI,RAW Banana Mixed Berries cup White Milk Chocolate Milk	Nov - 17 Spaghetti California Blend Garden Spinach Salad Celery Sticks TOMATOES, CHERR Banana Mandarin Oranges Garlic bread sticks WG Chocolate Milk White Milk Ranch package	Nov - 18 Corn Dog WG Rosemary new potatoe BLACK-EYED PEAS Garden Spinach Salad BROCCOLI,RAW Apple Grapes White Milk Chocolate Milk Ketchup Mustard	Nov - 19 TAMALES, Pork Fiesta Lime corn Refried Beans Garden Spinach Salad Baby Carrots Fruit Cocktail peaches Frozen White Milk Chocolate Milk	Nov - 20 Pepperoni Pizza WW CORN ON THE COB Cucumbers Sliced Garden Spinach Salad Mandarin Oranges Pineapple Chocolate Milk White Milk Ranch package
Nov - 23 HOLIDAY	Nov - 24 HOLIDAY	Nov - 25 HOLIDAY	Nov - 26 HOLIDAY	Nov - 27 HOLIDAY
Nov - 30 Salisbury Steak Mashed Potatoes LS California Blend Baby Carrots BROCCOLI,raw peaches Frozen Applesauce Wheat Roll 1 oz. Chocolate Milk White Milk				

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Mount Calm ISD

Breakfast K-12

001 - Mt. Calm ISD 00586

Breakfast Nov, 26

Sep 25, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Sausage Bagel Pizza Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Pears Applesauce Orange Juice 100% Su Chocolate Milk White Milk Jelly	Nov - 3 Blueberry Bagels Cream Cheese Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Orange Juice 100% Su Pears strawberries diced cup Chocolate Milk White Milk Jelly	Nov - 4 SCRAMBLED EGGS Sausage Links Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Juice Apple 100% Sun Raisins unsweetened BLUEBERRIES,Fresh Chocolate Milk White Milk Jelly	Nov - 5 Pancakes Maple Flavo Coco Puff Cereal Cinnamon Toast Crunc Bread 100 % Wheat Juice Apple 100% Sun Orange Fruit Cocktail Chocolate Milk White Milk Syrup Jelly	Nov - 6 Sausage & Cheese Cro Trix Cereal 25% less s Cinnamon Toast Crunc Bread 100 % Wheat Juice Apple 100% Sun craisins Applesauce White Milk Chocolate Milk
Nov - 9 Sausage Roll WW Cinnamon Toast Crunc Cereal Frosted Flake Bread 100 % Wheat Pears Applesauce Orange Juice 100% Su Chocolate Milk White Milk Mustard Jelly	Nov - 10 Biscuits WW 2 oz. 57 g Sausage Links Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Orange Juice 100% Su peaches Frozen strawberries diced cup Chocolate Milk White Milk Jelly	Nov - 11 SCRAMBLED EGGS Yogurt Light & Fit Cinnamon Toast Crunc Lucky Charms Cereal Bread 100 % Wheat Juice Apple 100% Sun Raisins unsweetened BLUEBERRIES,Fresh Chocolate Milk White Milk Jelly	Nov - 12 Waffles Cinnamon Toast Crunc Coco Puff Cereal Juice Apple 100% Sun Bread 100 % Wheat Orange Fruit Cocktail Chocolate Milk White Milk Syrup	Nov - 13 Strawberry Boli Trix Cereal 25% less s Cinnamon Toast Crunc Wheat Bread Orange Grapes Apple Juice Chocolate Milk White Milk Jelly
Nov - 16 Sausage Bagel Pizza Trix Cereal 25% less s Coco Puff Cereal Bread 100 % Wheat Pears Applesauce Orange Juice 100% Su Chocolate Milk White Milk Jelly	Nov - 17 BAGELS,CINNAMON- Cream Cheese Cinnamon Toast Crunc Trix Cereal 25% less s Bread 100 % Wheat Orange Juice 100% Su Pears strawberries diced cup Chocolate Milk White Milk Jelly	Nov - 18 SCRAMBLED EGGS Sausage Links Cinnamon Toast Crunc Cereal Frosted Flake Bread 100 % Wheat Juice Apple 100% Sun Raisins unsweetened BLUEBERRIES,Fresh Chocolate Milk White Milk Jelly	Nov - 19 French Toast Sticks W Cinnamon Toast Crunc Trix Cereal 25% less s Bread 100 % Wheat Juice Apple 100% Sun Orange Fruit Cocktail Chocolate Milk White Milk Syrup Jelly	Nov - 20 Cinnamon Swirls Yogurt Light & Fit Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Mandarin Oranges strawberries diced cup Juice Apple 100% Sun Chocolate Milk White Milk Jelly
Nov - 23 Nov - 30 Sausage Bagel Pizza Cinnamon Toast Crunc Coco Puff Cereal Bread 100 % Wheat Pears Applesauce Orange Juice 100% Su Chocolate Milk White Milk Jelly	Nov - 24	Nov - 25	Nov - 26	Nov - 27

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