

OCTOBER 2026 - COUNCIL BLUFFS

HS Breakfast Menu

Week	Mon	Tues	Wed	Thurs	Fri
				1	2
1				*Breakfast Sandwich *Cereal** *Nutrigrain Bar** *Poptart** Iced Coffee Fruit and Juice Milk	*Hand-Dipped Donuts* *Cereal** *Cake Donut** *Muffin** Fruit and Juice Milk
	5	6	7	8	9
2	*Egg & Sausage Breakfast Pizza *Cereal** *Muffin** *Nutrigrain Bar** Fruit and Juice Milk	*Pancakes & Sausage *Cereal** *Blueberry Muffin** *Toast** Iced Coffee Fruit and Juice Milk	*Breakfast Egg Roll (1) w/ Tater Tots *Strawberry Bagel Minis** or *Cinni Mini's** Fruit and Juice Milk	*Breakfast Sandwich *Cereal** *Poptart** *Banana Muffin** Iced Coffee Fruit and Juice Milk	*Frosted Cinn Roll** *Cereal** *Trix Bar** *Cake Donut** Fruit and Juice Milk
	12	13	14	15	16
3	*Sausage Brkfst Pizza *Cereal** *Bagel**- Cream Cheese *Nutrigrain Bar** Fruit and Juice Milk	*Long John** or *Powdered Sugar Mini Donuts** Iced Coffee Fruit and Juice Milk	*Egg Omelet, 1/2 Eng Muffin w/ Potato Wedges** *Cereal** *French ToastSnackbread** *Blueberry Snackbread** Fruit and Juice Milk	*Breakfast Sandwich or *Blueberry Bagel**- Cream Cheese *Choc Mini Donuts** Iced Coffee Fruit and Juice Milk	*Hand-Dipped Donuts* *Cereal** *StrawberryCheerio Bar** *Cocoa Puffs Bar** Fruit and Juice Milk
	19	20	21	22	23
4	*Sausage Brkst Pizza *Cereal** *Muffin** *Cake Donut** Fruit & Juice Milk	*French Toast Sticks- Sausage *Cereal** *Biscuit** *Cake Donut** Iced Coffee Fruit and Juice Milk	*PancakeSausage on Stick- Hash Brown Patty *Cereal** *Choc Chip Oatmeal Bar** *Double Choc Oatmeal Bar** Fruit and Juice Milk	*Breakfast Sandwich *Cereal** *Toast** *Mini Cinn Donuts** Iced Coffee Fruit and Juice Milk	*Frosted Cinn Roll** *Cereal** *Toast** *Cake Donut** Fruit and Juice Milk
	26	27	28	29	30
5	*Egg & Sausage Breakfast Pizza *Cereal** *Muffin** *Nutrigrain Bar** Fruit and Juice Milk	*Pancakes & Sausage *Cereal** *ChocChipOatmeal Bar** *Poptart** Iced Coffee Fruit and Juice Milk	*Breakfast Wrap w/ Tater Tots** *Cereal** *Trix Bar** *Mini Cinnamon Donuts** Fruit and Juice Milk	Remote Learning Day No School	No School

See ** for meat free options *Menu subject to change without notice *Milk offered daily

***This institution is a equal opportunity provider**

Council Bluffs Schools praticipates in the fresh fruit & vegetable program