

OCTOBER 2026 - COUNCIL BLUFFS

Sack Breakfast Menu

Week	Mon	Tues	Wed	Thurs	Fri
				1	2
1				Cereal Blueberry Muffins** Fruit & Juice Milk	Cereal Choc Chip Oat Bar** Fruit & Juice Milk
	5	6	7	8	9
2	Strawb Poptart Brkfst Brk** Fruit Milk	Powdered Sugar Mini Donuts** Fruit & Juice Milk	Snackin' Maple Waffles** Fruit & Juice Milk	Cereal Cheerio Bar** Fruit & Juice Milk	Cereal Breakfast Snack bread** Fruit & Juice Milk
	12	13	14	15	16
3	Fudge Poptart Brkfst Brk** Fruit Milk	Strawb Pancake Bowl** Fruit and Juice Milk	Cereal Banana Choc Chip Bread** Fruit & Juice Milk	Cereal Strawb Cheerio Bar** Fruit & Juice Milk	Cereal Muffin** Fruit & Juice Milk
	19	20	21	22	23
4	Fruit Loops Brkfst Brk** Fruit Milk	Cereal Double Choc Oat Bar** Fruit & Juice Milk	Blueberry Bagel ** w/ Cream Cheese Fruit & Juice Milk	Cereal Trix Bar** Fruit & Juice Milk	Cereal Muffin Top** Fruit & Juice Milk
	26	27	28	29	30
5	Strawb Poptart Brkfst Brk** Fruit Milk	Chocolate Mini Donuts** Fruit & Juice Milk	Cereal Choc Chip Oatmeal Bar** Fruit & Juice Milk	Remote Learning Day No School	No School

See ** for meat free options *Menu subject to change without notice *Milk offered daily

***This institution is a equal opportunity provider**

Council Bluffs Schools participates in the fresh fruit & vegetable program