

OCTOBER 2026 - COUNCIL BLUFFS

TSCHOOL - CHSQ - LUNCH MENU

Week	Mon	Tues	Wed	Thurs	Fri
	1				2
1				*Crunchy Chicken- Bun Fiesta Black Beans Red/ Green Peppers Fresh Fruit Juice	*Pork Choppette-Bun Green Beans Cherry Tomatoes Banana Apple Slices Sun Chips Milk
	5	6	7	8	9
2	*Chicken Nuggets w/ Roll Combi Deli Sandwich Carrots Broccoli Sealed Fruit Cup Craisins Milk	*Crispitos- Cheese Sauce Hash Browned Patties Jicama Pineapple Raisels Tortilla Chips Milk	*Teriyaki Chicken- Veggie Fried Rice Corn Broccoli/ Carrots Peaches Whole Fruit Bug Bites Milk	*Cheeseburger- Bun Baked Beans Tossed Salad Apple Slices Juice Cup Milk	*French Toast Sticks- Egg Omelet** Green Beans Carrots Strawberry Fruit Cocktail Fresh Fruit Milk
	12	13	14	15	16
3 NSLW	*ItalianCheesyPull Aparts** *Combi Deli Sandwich Green Beans Broccoli Sealed Fruit Cup Craisins Milk	*Breaded Dill Chicken Breast- Bun Baked Beans Carrots Pears Raisels Milk	*Chicken Tinga Totchos Broccoli Black Bean Salsa w/ Tortilla Chips Pineapple Whole Fruit Milk	*French Toast Sticks & Sausage Green Peppers Cucumbers Fresh Apple Slices Craisins Bug Bites Milk	*Pork Choppette- Bun Corn Celery Sticks Fruit Cocktail Raisins Milk
	19	20	21	22	23
4	*Fiestada Hot Pocket *Turkey & Cheese-Bun Broccoli Carrots Pear Cup Raisins Sun Chips Milk	*Ham, Egg & Cheese on English Muffin Corn Broccoli Peaches Raisels Milk	*Walking Tacos Refried Beans Broccoli- Carrots Fresh Orange Wedges Mgr Choice Fruit Raisins Milk	*Meatball Hoagie Green Beans Cauliflower Fresh Fruit Craisins Milk	*Hot Dog- Bun Warm Carrot Coins Celery Pears Raisins Sun Chips Milk
	26	27	28	29	30
5	*Halloween Chicken Nuggets- Roll *Ham & Cheese- Bun Cucumbers Broccoli Sealed Fruit Cup Craisins Doritos Milk	*Corn Dog Green Peas Carrots Peaches Raisels Grm Cracker 'Lil Square Milk	*Bean Burrito w/ Cheese Sauce** Calico Beans Sliced Green Peppers Pears Whole Fruit Milk	Remote Learning Day No School	No School

See ** for meat free options *Menu subject to change without notice *Milk offered daily

*TSchool Entree

***This institution is a equal opportunity provider**

Council Bluffs Schools praticipates in the fresh fruit & vegetable program