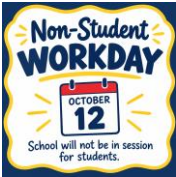


# What's on the Menu?

## Snoqualmie Valley School District Elementary School Breakfast – Sept 28- Oct 30

| Monday                                                                             | Tuesday                         | Wednesday                                             | Thursday                                          | Friday                            |
|------------------------------------------------------------------------------------|---------------------------------|-------------------------------------------------------|---------------------------------------------------|-----------------------------------|
| <i>This institution is an equal opportunity provider.</i>                          |                                 |                                                       |                                                   |                                   |
| 28                                                                                 | 29                              | 30                                                    | 1                                                 | 2                                 |
| Turkey Sausage Pancake on a Stick w/ Maple Syrup                                   | Turkey Sausage Breakfast Pizza  | Raspberry Rainbow Yogurt Cup & Scooby Graham Crackers | Ham, Egg and Cheese Burrito. Served with Salsa    | Iced Cinnamon Roll                |
| Hard Boiled Egg or Buttered Toast                                                  | String Cheese or Buttered Toast | Hard Boiled Egg or Buttered Toast                     | String Cheese or Buttered Toast                   | Hard Boiled Egg or Buttered Toast |
| 5                                                                                  | 6                               | 7                                                     | 8                                                 | 9                                 |
| Blueberry Muffin                                                                   | Pumpkin Bar                     | Strawberry Cream Cheese Stuffed Bagel bar             | Bacon, Egg, & Cheese Bagel                        | Iced Cinnamon Roll                |
| Hard Boiled Egg or Buttered Toast                                                  | String Cheese or Buttered Toast | Hard Boiled Egg or Buttered Toast                     | String Cheese or Buttered Toast                   | Hard Boiled Egg or Buttered Toast |
| 12                                                                                 | 13                              | 14                                                    | 15                                                | 16                                |
|  | Turkey Sausage Breakfast Pizza  | Banana Chocolate Chunk Benefit Bar                    | Sausage, Egg & Cheese Biscuit                     | Iced Cinnamon Roll                |
|                                                                                    | String Cheese or Buttered Toast | Hard Boiled Egg or Buttered Toast                     | String Cheese or Buttered Toast                   | Hard Boiled Egg or Buttered Toast |
| 19                                                                                 | 20                              | 21                                                    | 22                                                | 23                                |
| Turkey Sausage Pancake on a Stick w/ Maple Syrup                                   | Spiced Oatmeal                  | Raspberry Rainbow Yogurt Cup & Scooby Graham Crackers | Ham, Egg and Cheese Quesadilla. Served with Salsa | Iced Cinnamon Roll                |
| Hard Boiled Egg or Buttered Toast                                                  | String Cheese or Buttered Toast | Hard Boiled Egg or Buttered Toast                     | String Cheese or Buttered Toast                   | Hard Boiled Egg or Buttered Toast |
| 26                                                                                 | 27                              | 28                                                    | 29                                                | 30                                |
| Chocolate Muffin                                                                   | Turkey Sausage Breakfast Pizza  | Blueberry Bash Mini Waffles                           | Bacon, Egg, & Cheese on a Biscuit                 | Iced Cinnamon Roll                |
| Hard Boiled Egg or Buttered Toast                                                  | String Cheese or Buttered Toast | Hard Boiled Egg or Buttered Toast                     | String Cheese or Buttered Toast                   | Hard Boiled Egg or Buttered Toast |

### Daily Offerings

Cereal: RS Cinnamon Toast Crunch, Cocoa Puffs and Trix  
RS GF Lucky Charms and Apple Cinnamon Cheerios

1% White Milk and Fat Free Chocolate

Assorted Fresh and/or Chilled Fruit and Fruit Juice

\* GF=Gluten Free \*RS=Reduced Sugar



If you have a food allergy, please notify us.

chartwells  
serving up happy & healthy