

MENU PRICES
ALL STUDENTS EAT FREE
EMPLOYEES \$5.50

October 2026

Tidehaven High School

Lunch Menu

SERVED DAILY
FRESH OR CHILLED FRUIT
1% WHITE OR FAT FREE FLAVORED MILK
ROMAINE GARDEN SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <u>CRISPY BEEF TACOS</u> Refried Beans Spanish Rice 100% Fruit Slush Cup Jalapeno /Salsa / Shredded Cheese/Sour Cream	2 <u>SAUSAGE W/ BREAD</u> Mixed Vegetables Macaroni and Cheese
5 <u>STEAK FINGERS</u> Mashed Potatoes Steamed Peas & Carrots Roll	6 <u>ROTINI W/ MARINA MEAT SAUCE</u> Green Peas 100% Fruit Slush Cup Garlic Breadstick	7 <u>PIZZA</u> (Cheese/Pepperoni) Seasoned Corn	8 <u>CRISPITOS</u> Charro Beans Spanish Rice 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream	9 <u>SPICY CHICKEN SANDWICH</u> French Fries Seasoned Green Beans
12 Teacher Workday No School	13 <u>CORN DOG</u> Green Beans Mac and Cheese 100% Fruit Slush Cup	14 <u>PIZZA</u> (Cheese/Pepperoni) Seasoned Corn	15 <u>CHICKEN NACHOS</u> Spanish Rice Pinto Beans 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream	16 <u>PULLED PORK SANDWICH</u> Chips Baked Beans
19 <u>ROASTED CHICKEN</u> Rice Mixed Veggies Roll Gravy	20 <u>LASAGNA</u> Glazed Carrots 100% Fruit Slush Cup Garlic Bread	21 <u>PIZZA</u> (Cheese/Pepperoni) Seasoned Corn	22 <u>FRITO PIE</u> Refried Beans Spanish Rice 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream	23 <u>CHICKEN SANDWICH</u> French Fries Seasoned Green Beans
26 <u>CHICKEN NUGGETS</u> Mashed Potatoes Roll	27 <u>CHILI MAC</u> Broccoli 100% Fruit Slush Cup Garlic Breadstick	28 <u>PIZZA</u> (Cheese/Pepperoni) Seasoned Corn	29 <u>BEEFY NACHO</u> Spanish Rice Charro Beans 100% Fruit Slush Cup Jalapeno /Salsa / Sour Cream/	30 <u>CORNDOG</u> Mixed Vegetables Macaroni and Cheese

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baskets	<u>Chicken Sandwich</u> Tator Tots	<u>Ham & Cheese Sub</u> Baked Chips	<u>Pulled Pork Baked</u> <u>Potato</u> Roll	<u>Burrito</u> w/ Cheese	<u>Cheeseburger</u> Seasoned Fries
Grab N Go Salads	<u>Chicken Bacon Ranch</u> <u>Salad</u>	<u>Chef Salad w Ham</u>	<u>Grilled Chicken</u> <u>Salad</u>	<u>Taco Salad</u>	<u>Chef Salad w/</u> <u>Cheese</u>

This Product is funded by USDA. This institution is an equal opportunity provider.