PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM
Smith Elementary
Written by Katie Aldridge, Smith Counselor

Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement:

The mission of Princeton ISD's Counseling Program and Smith Elementary is to help students create an anchor for life by connecting them, as well as parents, schools and the community with the tools and resources for academic, social and emotional success, college and career readiness.



Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are led on delivering the comprehensive school counseling program along with administration, campus staff, guest speakers and parents. This is collaboratively done for the success of the comprehensive school counseling program.

Competencies

Student Competency: Students have a positive self-concept
- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills
- Become aware of the need to use time effectively
- Describe the steps in a goal setting process

Student Competency: Students behave appropriately to the situation and environment
- Behave appropriately in various school settings
- Be able to follow rules and directions and complete tasks

Student Competency: Students incorporate wellness practices into daily living
- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills
- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

Students on Princeton ISD Elementary School Campuses are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Responsive Services, Individual Planning and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school's academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program which is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals and Process

Needs Assessment Results: Increase Direct Counselor-to-Student Support, Foster Emotional Resilience and Healthy Coping Strategies, Promote Positive Student Behavior

The following data points were reviewed:

- 3rd – 5th Student Campus Climate Survey
- Kinder – 5th Parent Campus Climate Survey
- Counselor Time Tracker

The following patterns were evaluated in our data:

- Students treating each other with kindness (in person & online)
- Students behave so teachers can teach

- Teachers give useful information about how to help my student(s) do well in school
- Parents are kept informed about what their student(s) are learning in school
- Types of non-counseling duties

The following areas of significance were found in our data points:

2025-2026 School Year

- **Student Campus Climate Survey –**

  -*Students treat each other with kindness both in person and online*. The following percentages are from students in 3-5 with a total of 272 students completing the survey.

  3rd Grade – 89 3rd grade students completed the survey.
  - Never – 3.4%
  - A Little Bit – 15.7%
  - Most Of The Time – 43.8%
  - Always – 37.1%

  4th Grade – 76 4th grade students completed the survey.
  - Never – 6.6%
  - A Little Bit – 32.9%
  - Most of The Time – 46.1%
  - Always – 14.5%

  5th Grade – 107 5th grade students completed the survey.
  - Never – 13.1%
  - A Little Bit – 28%
  - Most Of The Time – 43%
  - Always – 15.9%

  -*Students in my class behave so that teachers can teach*. The following percentages are from students in 3-5 with a total of 272 students completing the survey.

  3rd Grade – 89 3rd grade students completed the survey.
  - Never – 3.4%
  - A Little Bit – 15.7%
  - Most Of The Time – 43.8%
  - Always – 37.1%

  4th Grade – 76 4th grade students completed the survey.
  - Never – 7.9%
  - A Little Bit – 30.3%
  - Most of The Time – 50%
  - Always – 11.8%

  5th Grade – 107 5th grade students completed the survey.
  - Never – 14%
  - A Little Bit – 22.4%
  - Most Of The Time – 55.1%
  - Always – 8.4%

- **Parent Campus Climate Survey –**
  -Teachers give me useful information about how to help my students do well in school. The following percentages are from parents in K-5 with a total of 78 parents completing the survey.
    - Strongly Agree – 38.5%
    - Agree – 32.1%
    - Disagree – 16.7%
    - Strongly Disagree – 11.5%
    - Don't Know – 1.3%

  -I am kept informed about my student's learning and classroom activities. The following percentages are from parents in K-5 with a total of 78 parents completing the survey.
    - Strongly Agree – 37.2%
    - Agree – 33.3%
    - Disagree – 20.5%
    - Strongly Disagree – 9%
    - Don't Know – 0%
- **Counselor Time Tracker –**
  Goal – Guidance Curriculum 35%, Responsive Services 40%, Individual Planning 10%, System Support 15% & Non-Counseling 0%

Counselor Time Tracker

The consolidated data helped identify areas for growth, as well as areas where counselor time should be reduced to better align with program goals and state expectations.

1. **Guidance Curriculum** — Increase direct student time.
2. **Individual Planning** — Increase opportunities for direct student support.
3. **Responsive Services** — Continue prioritizing direct services based on student needs.
4. **System Support** — Decrease time spent in this area to allow for more direct student services.
5. **Non-Counseling Duties** — Time has decreased; however, the goal should be **0%** in accordance with state requirements.

Program SMART Goals for the 2026-27 Year

1. **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.

2. **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.

3. **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals,

awards ceremonies, morning announcements, and other school-wide recognition opportunities.

CSCP Design Priorities

Clients - ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs - ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies - ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Intrapersonal Effectiveness
3. Personal Health and Safety
4. Post-Secondary Education and Career Readiness

School Counselor Competencies - ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Advocacy
4. Consultation
5. Program Mana
6. Professional Behavior
7. Professional Standards
8. Leadership
9. Coordination

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum - 35-45%
2. Responsive Services - 30-40%
3. System Support - 10-15%
4. Individual Planning - 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness
Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s-Respect, Self-Respect, Anti-bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, College & Career lesson, Smart Goal/Growth Mindset
SMART Goal/s-

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

2. Strategic Content Area-Interpersonal Effectiveness: Anxiety

Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

3. Strategic Content Area-Personal Health & Safety: Emotional Regulation
Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media safety
SMART Goal/s-

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

4. Strategic Content Area-Post Secondary Education and Career Readiness
Needs Assessment Findings - discipline referrals, attendance, and teacher/community input indicate need for the following topics
Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset, Successful in Sixth
SMART Goal/s-

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Campus Responsive Services

Identified Need #1- Family Changes
Preventative, Remedial, or Crisis- Remedial & Crisis
Intervention/Plan of Action- Counseling services based on student need
Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety
Preventative, Remedial, or Crisis- Preventative, remedial, and crisis
Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotional Regulation
Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons
Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal
Goal- Identify attributes for achievement and growth
School Counselor Considerations- Grade level diversification
Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education
School Counselor Considerations- Grade level diversification
Advocacy- Equity for all students

Domain- Career
Goal- Introduction to different options
School Counselor Considerations- Grade level diversification
Advocacy- Equity for all students

System Support Tools

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components	Content Areas
Guidance Curriculum	Interpersonal Effectiveness
Responsive Services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2026-2027 Year

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.

- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

3. Campus Improvement Plan Goals: 2026-2027

Goal 1: To excel in state and local assessments.

Goal 2: Increase Attendance - Average daily attendance during the 2026-2027 school year: 97% Elementary

Goal 3: Decrease Drop-Out Rate

Goal 4: Provide a safe and orderly school climate, conducive to learning.

Goal 5: Increase parental and community involvement.

Goal 6: Provide for special populations.

Goal 7: Provide for the growth and ever-changing demographics of Princeton ISD.

Mrs. Aldridge's Calendar

August
Content Area: Introduction to PISD/Smith Elementary Counseling Program and Purpose, as well as the Smith Elementary Counselor.
-Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- ★ **Lesson Target Grade(s): K-1**
- ★ **Lesson Topic: Meet the School Counselor**
- ★ **Lesson Name: Meet the School Counselor – The Rabbit Listened**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Music City Counselor**

- ★ **Lesson Target Grade(s): 2**
- ★ **Lesson Topic: Meet the Counselor**
- ★ **Lesson Name: Pineapple Meet the Counselor**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**

- ★ **Lesson Target Grade(s): 3**
- ★ **Lesson Topic: Meet the Counselor**
- ★ **Lesson Name: Fun In The Sun -a deep dive into "What does the school counselor do?"**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**

- ★ **Lesson Target Grade(s): 4**
- ★ **Lesson Topic: Meet the Counselor**

- ★ **Lesson Name: Fun In The Sun -a deep dive into "What does the school counselor do?"**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**

- ★ **Lesson Target Grade(s): 5**
- ★ **Lesson Topic: Meet the Counselor**
- ★ **Lesson Name: Fun In The Sun -a deep dive into "What does the school counselor do?"**
- ★ **Lesson Origin: Counselor Created – Teachers Pay Teachers – Counselor Keri**

Major Projects/Events:

- ❖ Back to School Staff Theme Bulletin Board
- ❖ Meet the Counselor Bulletin Board
- ❖ Positive Office Referral Bulletin Board
- ❖ Back to School/Meet the Teacher Night
- ❖ Changemakers -implemented through classroom guidance lessons
- ❖ Staff BOY Compliance Trainings
- ❖ Positive Thought Thursdays Kick Off #positiviTEEthursday
- ❖ #positiviTEEthursday Morning Announcements / Thursday Funnies
- ❖ August Counselor Meeting
- ❖ CAT (counseling advisory team) Member Set Up
- ❖ PLC Meetings Begin -involved when necessary
- ❖ Smith Elementary Website -update as needed
- ❖ Staff & Student Monthly Calendars
- ❖ Smith W.A.G. (week at a glance)
- ❖ Star Hub -update as needed
- ❖ Student Car Tags
- ❖ Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Changemakers Implementation: Character Trait ~ Core Values

- ❖ Focus: Routines and Procedures / Safe Relationships

<u>September</u>
Content Area: Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K**
- **Lesson Topic: Secrets & Strangers**
- **Lesson Name: Who Knows**
- **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**

- **Lesson Target Grade(s): 1**
- **Lesson Topic: Feelings**
- **Lesson Name: Feeling Experts**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Problems**
- **Lesson Name: How Big Is The Problem?**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3**
- **Lesson Topic: In & Out of my Control**
- **Lesson Name: Circle of Control**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 4**

- **Lesson Topic: Self-Talk**
- **Lesson Name: Coach Yourself**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Being Organized / Time Management**
- **Lesson Name: What does it mean to be organized?**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- Staff BOY Compliance Trainings
- BOY 3-5 Student Campus Climate Survey
- BOY Staff Campus Climate Survey
- NTX Food Bank Peanut Butter Drive
- Fun Run Kick Off
- Homecoming Week
- 4th Grade YES Program
- September Counseling Meeting
- MTSS Meetings Begin -involved when necessary
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:

Changemakers: Character Trait ~ Self-Regulation

- Focus: The brain and breath.

<u>October</u>
Content Area:
-Personal Health and Safety, Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K-1**
- **Big Problems and Small Problems**
- **Lesson Name: Kelso's Choice**
  Kelso's Choice -Kelso and friends help students up to grade 5 tell the difference between a big problem and a small problem, and give tools that empower them to solve conflicts on their own.
- **Lesson Origin: Kelso's Choice Conflict Management 4th Edition by Barbara Clark, PH.D. & Diane Hipp, CPS**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Self-Talk + Perseverance**
- **Lesson Name: Self-Talk + Perseverance**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3-5**
- **Lesson Topic: Healthy Choices & Personal Safety**
- **Lesson Name: Healthy Choices & Personal Safety**
- **Lesson Origin: Healthy Choices & Personal Safety** -Books by Erainna Winnett are used to provide students with healthy choice & personal safety ideas during the month of October, so that they may understand Red Ribbon Week using age appropriate vocabulary. **<u>Book Titles</u>** ~ Sarah's Sick Day (2-3) / Charlie and the Curious Club (4-5)

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- Staff BOY Compliance Trainings
- PISD PAL Program Set Up Begins/PAL Meeting & Tour
- PISD PALs begin at Smith
- PISD Food Drive
- PISD Angel Tree
- BOY CAT Meeting *Oct. 28th
- Red Ribbon Week
- October Counseling Meeting
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:

Changemakers: Character Trait ~ Self-Control

- Focus: Feelings, The Body, Impulse Control

November

Content Area:

-Personal Health and Safety, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- **Lesson Target Grade(s): K-1**
- **Lesson Topic: Big Problems and Small Problems**
- **Lesson Name: Kelso's Choice**

Kelso's Choice -Kelso and friends help students up to grade 5 tell the difference between a big problem and a small problem, and give tools that empower them to solve conflicts on their own.

- **Lesson Origin: Kelso's Choice Conflict Management 4th Edition by Barbara Clark, PH.D. & Diane Hipp, CPS**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Friendship**
- **Lesson Name: Friendship & the Social Filter**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3-4**
- **Lesson Topic: Hygiene**
  Lesson Name: Brush Up on Hygiene
  Young viewers will be entertained as they learn about cleanliness and good hygiene with zany host, Dr. Tidy. The humorous presentation is packed with practical, age-appropriate hygiene tips, and delivers the message that keeping your body clean is an important part of staying healthy and feeling good about yourself.
- **Lesson Origin: Human Relations Media**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Puberty**
- **Lesson Name: The Puberty Workshop**
  The Puberty Workshop delivers the essential lessons of puberty: what changes to expect, why they happen and how to deal with them. Real young people share their questions, concerns and experiences; children's health experts explain the most important biological and psychological lessons of puberty. Boys and Girls will come away with a clear understanding of the changes ahead. The videos will help empower students to face the challenges and opportunities of growing up.
- **Lesson Origin: Human Relations Media**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- Staff BOY Compliance Trainings
- PISD Food Drive Continues…
- PISD Angel Tree Continues…
- 3rd & 4th -Brush Up on Hygiene
- 5th -The Puberty Workshop
- Fall Book Fair
- November Counseling Meeting

- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:
Changemakers: Character Trait ~ Gratitude

- Focus: Awareness of Self

December
Content Area:
-Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K**
- **Lesson Topic: Showing Someone You Care**
- **Lesson Name: Showing Someone You Care**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 1**
- **Lesson Topic: Take Turns + Take a Break**
- **Lesson Name: Take Turns + Take a Break**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Talk It Out/I-Messages**
- **Lesson Name: Talk It Out/I-Messages**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3**
- **Lesson Topic: Time Management**
- **Lesson Name: Using Time Wisely**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 4**
- **Lesson Topic: Identity**
- **Lesson Name: Who are you?**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Friendship Boundaries**
- **Lesson Name: Friendships & Problems**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- Holly Jolly Spirit Month
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:
Changemakers: Character Trait ~ Optimism
Focus: Best possible outcome.

WINTER BREAK

January

Content Area:

-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Educational, Career, Personal & Social

Guidance Curriculum (GC):

Guidance Lessons:

- **Lesson Target Grade(s): K**
- **Lesson Topic: Understanding + Expressing Happy, Proud, Excited, Angry, Sad Worried**
- **Lesson Name: Understanding + Expressing**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 1**
- **Lesson Topic: Talk It Out + Apologize - Walk Away + Conflict Resolution Review (Kelso)**
- **Lesson Name: Talk It Out + Apologize**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Teamwork & Sportsmanship &/or Giving and Receiving Compliments**
- **Lesson Name: Teamwork & Sportsmanship &/or Compliments**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3**

- **Lesson Topic: Empathy**
- **Lesson Name: The Golden Rule**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 4**
- **Lesson Topic: Conflict Resolution**
- **Lesson Name: Solving Problems Peacefully & Respectfully**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Perspective Taking**
- **Lesson Name: Just Kidding**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- Trusted World Coat/Hoodie Drive
- The NED Show Performance -The character education program centers around NED, a loveable cartoon character whose name is an acronym for Never Give Up, Encourage Others, and Do your Best. NED is simple, relatable and kid-focused.
- MOY Parent/Guardian Campus Climate Survey
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:
Changemakers: Character Trait ~ Resilience/Grit

<u>February</u>
Content Area:
-Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K**
- **Lesson Topic: Coping Skills**
- **Lesson Name: Understanding Others' Feelings**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 1**
- **Lesson Topic: Choices and Consequences**
- **Lesson Name: Making Helpful Choices at School**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Listening Skills**
- **Lesson Name: Super Student Skills**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3**
- **Lesson Topic: Types of Conflict**
- **Lesson Name: Being an Upstander**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 4**
- **Lesson Topic: Being Assertive**
- **Lesson Name: Tone of Voice**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Self Destruction**
- **Lesson Name: Self Talk / Self Worth**
- **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- National School Counseling Week
- Nana Puddin' (Dennis Lee) Performance -K-3 students will laugh out loud as they learn: Honesty, Kindness, Fairness, Respect & Responsibility.
- February Counselor Meeting
- MOY CAT Meeting
- PSTAAR Support -involved as necessary
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:

Changemakers: Character Trait ~ Perspective Taking

Focus: Understanding others / Empathy

<u>March</u>
Content Area:
-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Educational, Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K**
- **Lesson Topic: Playing Together**
- **Lesson Name: I-Messages**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 1**
- **Lesson Topic: Helpful Choices**
- **Lesson Name: Making Helpful Choices at School**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Staying on Task**
- **Lesson Name: Ignoring Distractions**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3-4**
- **Lesson Topic: Trauma & Emotional Resilience**
- **Lesson Name: Resilience**
- **Lesson Origin: WHO – We Help Ourselves – Developed by Mental Health America of Greater Dallas**

- **Lesson Target Grade(s): 5**
- **Lesson Topic: Self-Care and Self-Advocacy**
- **Lesson Name: Peer Pressure and Decision Making**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- Open House
- Read Across America Day *Happy Birthday Dr. Seuss!
- PSTAAR Support -involved as necessary
- March Counseling Meeting
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:
Changemakers: Character Trait ~ Empathy

April
Content Area:
-Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Personal & Social
Guidance Curriculum (GC):
Guidance Lessons:

- **Lesson Target Grade(s): K-1**
- **Lesson Topic: Apologies &/or Self-Esteem and Self-Love**
- **Lesson Name: Taking Responsibility**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 2**
- **Lesson Topic: Identifying Emotions**
- **Lesson Name: Emotions**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 3**
- **Lesson Topic: Apologies and Forgiveness**
- **Lesson Name: Apologies and Forgiveness**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

- **Lesson Target Grade(s): 4-5**
- **Lesson Topic: Reputation**
- **Lesson Name: Reputation**
- **Lesson Origin: Counselor Created – Teachers Pay Teachers – The Responsive Counselor**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- Onion Festival
- April Counseling Meeting
- STAAR Support -involved as necessary
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)
- Star Hub -update as needed
- Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:

Changemakers: Character Trait ~ Compassion

<u>May</u>
Content Area:
-Postsecondary Planning and Readiness, Interpersonal Effectiveness & Intrapersonal Effectiveness
CSCP Goals Addressed:

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: Educational, Personal & Social
Guidance Curriculum (GC):
Lesson Target Grade(s): K-1

- **Lesson Topic: Student Growth**
- **Lesson Name: From Caterpillar to Butterfly**
- **Lesson Origin: Counselor Created - Elementary School Counselor Exchange**

Lesson Target Grade(s): 2-3

- **Lesson Topic: End of the Year Affirmations**
- **Lesson Name: Positive Thinking Stones**
- **Lesson Origin: Counselor Created - Confident Counselors**

Lesson Target Grade(s): 4-5

- **Lesson Topic: Goal Setting for the next school year.**
- **Lesson Name: Rubber Duck Goals**
- **Lesson Origin: Counselor Created - Elementary School Counselor Exchange**

Major Projects/Events:

- #positiviTEEthursday Morning Announcements / Thursday Funnies
- PISD PALs continue
- May Counseling Meeting
- EOY CAT Meeting
- Smith Elementary Website -update as needed
- Staff & Student Monthly Calendars
- Smith W.A.G. (week at a glance)

- ❖ Star Hub -update as needed
- ❖ Celebration/Awareness Days

  The counselor will follow the PISD Appreciation Days.
  PISD Appreciation Days

Individual Planning:
Changemakers: Character Trait ~ Hope

<u>June</u>
Content Area: Review
CSCP Goals Addressed:
Review Goals, Data and Progress Achieved

- **By May 2027,** the school counselor will increase direct student support by providing individual counseling, small-group counseling, classroom guidance lessons, and consultation and support for teachers.
- **By May 2027,** the school counselor will support students in developing emotional resilience, self-regulation, and effective coping strategies through individual counseling, small-group counseling, classroom guidance lessons, and collaboration with teachers.
- **By May 2027,** the school counselor will promote and increase positive student behavior by recognizing and celebrating students through positive office referrals, awards ceremonies, morning announcements, and other school-wide recognition opportunities.

Domain: NA
Guidance Curriculum (GC): NA
Major Projects/Events:

- ❖ CSCP -evaluation, analysis, revisions, creation for the next year
- ❖ EOY Needs Assessment, so that I may plan/prepare for the following school year.

Individual Planning: NA
Character Trait: NA