

October 2026

PCSD Elementary School Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

5
Chicken Meatballs
Garlic Knot
Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

6
Chicken Parm
Green Beans, Carrots
Assorted Fruit
1% White Milk
FF Chocolate Milk

7
PIZZA DAY
Deep Dish Pizza
PRE TRE - DOMINOS
Cucumbers, Tomatoes
Assorted Fruit
1% White Milk
FF Chocolate Milk

8
Fish Sticks
Fries, Green Beans
Assorted Fruit
1% White Milk
FF Chocolate Milk

9
NO SCHOOL TODAY

12
NO SCHOOL TODAY

13
Loaded Nachos
Black Beans, Salsa
Assorted Fruit
1% White Milk
FF Chocolate Milk

14
PIZZA DAY
Pizza Crunchers
MCE - DOMINOS
Marinara, Corn
Assorted Fruit
1% White Milk
FF Chocolate Milk

15
Mac and Cheese
Broccoli, Carrots
Assorted Fruit
1% White Milk
FF Chocolate Milk

16
Try Day FRIDAY
Buffalo Chicken Dip
Tortilla Chips, Celery
Assorted Fruit
1% White Milk
FF Chocolate Milk

19
Popcorn Chicken
Mashed Potatoes, Corn
Assorted Fruit
1% White Milk
FF Chocolate Milk

20
Taco Tuesday
Lettuce, Cheese, Salsa
Assorted Fruit
1% White Milk
FF Chocolate Milk

21
PIZZA DAY
Stuffed Crust Pizza
ACE JRE - DOMINOS
Carrots, Cucumbers
Assorted Fruit
1% White Milk
FF Chocolate Milk

22
Hot Dog w/Bun
Fries, Salad
Assorted Fruit
1% White Milk
FF Chocolate Milk

23
Mozzarella Sticks
Marinara, Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

26
Pancakes, Sausage
Syrup,
Sweet Potatoes Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

27
Burger or
Cheeseburger
Vegetarian Beans
Assorted Fruit
1% White Milk
FF Chocolate Milk

28
PIZZA DAY
Pizza Crunchers
PRE TRE - DOMINOS
Cucumbers, Tomatoes
Assorted Fruit
1% White Milk
FF Chocolate Milk

29
Broccoli Cheddar
Soup w/ Dinner Roll
Assorted Fruit
1% White Milk
FF Chocolate Milk

30
Bat Shaped
Chicken Nuggets
Smile Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

Daily Items

Turkey Deli Sandwich
PBJ Lunch
Salad Box
Yogurt Parfait
Pizza or Turkey Anytimers
Assorted Chilled Veggies

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal -
\$4.00
Adult Meal - \$6.00

Pittsford Central
School District

*This institution is an
equal opportunity
provider

*Menu subject to change
due to item availability

Visit our interactive menu
at
<https://www.pittsfordschools.org/departments/food-service>

Check out mealviewer for
up to the minute changes
and allergen info!

October 2026

PCSD Elementary and Middle School Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

Benefit Bars

Yogurt and Muffins

Sausage and Hashbrown

Breakfast Bento Box

Whole Grain Donut

NO SCHOOL TODAY

NO SCHOOL TODAY

Strawberry Filled Bagels

Egg and Cheese Croissant Sandwich

Elementary Schools
Fruit Smoothies
Middle Schools
Breakfast Uncrustables

Whole Grain Cinnamon Rolls

Benefit Bars

Yogurt and Muffins

Mini Pancakes

Apple Frudel

Blueberry or Banana Bread

Benefit Bars

Strawberry Filled Bagels

Waffles

Breakfast Bento Box

Whole Grain Donuts

Daily Items

Assorted Cereals and Grains
Fruit Juice
Fresh Fruit
Milk

Additional Items for Middle School Only

Local Bagels
Fruit Smoothies

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal – \$2.75

Adult Meal - \$2.75
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October 2026

PCSD Middle School Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

5
Breaded Chicken Sand
Tator Tots
Assorted Fruit
1% White Milk
FF Chocolate Milk

6
Steak Fajitas
Peppers and Onions
Assorted Fruit
1% White Milk
FF Chocolate Milk

7
Pasta Bar
Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

1
INTERNATIONAL DAY
Brazilian Beef Stew with
Rice & Cheese Bread
Assorted Fruit
1% White Milk
FF Chocolate Milk

2
Chicken and Waffles
Local Maple Syrup
Assorted Fruit
1% White Milk
FF Chocolate Milk

12
**NO
SCHOOL
TODAY**

13
Loaded Nachos
Black Beans, Salsa
Assorted Fruit
1% White Milk
FF Chocolate Milk

14
**Teryaki Beef
Noodle Bowl**
Edamame, Carrots
Assorted Fruit
1% White Milk
FF Chocolate Milk

15
HOMESTYLE DAY
Roasted Turkey with
Mashed Potatoes,
Gravy, Dinner Roll
Assorted Fruit
1% White Milk
FF Chocolate Milk

16
Burger/Cheeseburger
Waffle Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

19
Macaroni and Cheese
Roasted Zucchini
Assorted Fruit
1% White Milk
FF Chocolate Milk

20
Walking Tacos
Black Beans, Salsa,
Assorted Toppings
Assorted Fruit
1% White Milk
FF Chocolate Milk

21
**Chicken Mashed
Potato Bowl**
Corn, Gravy
Assorted Fruit
1% White Milk
FF Chocolate Milk

22
INTERNATIONAL DAY
Chicken Tikka Masala,
Rice and Naan Bread
Assorted Fruit
1% White Milk
FF Chocolate Milk

23
Breaded Chicken Sand
French Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

26
Mozzarella Sticks
Marinara
Assorted Fruit
1% White Milk
FF Chocolate Milk

27
Steak Fajitas
Peppers and Onions
Assorted Fruit
1% White Milk
FF Chocolate Milk

28
Pasta Bar
Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

29
NYS DAY
Chicken Riggies
Utica Greens
Assorted Fruit
1% White Milk
FF Chocolate Milk

30
Chicken Tenders
Tator Tots
Assorted Fruit
1% White Milk
FF Chocolate Milk

Daily Items

Salad Bar w/
Fresh Veggies & Fruits

Weekly Specialty Parfait w/
Gluten Free Granola

Dominos Smart Slice Pizza

Made to Order Wraps

PBJ's

Anytimer Lunch Boxes

Daily Allergen Friendly Menu
Available upon Request

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal - \$4.25
Adult Meal - \$6.00

Pittsford Central
School District

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October 2026

PCSD High School Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

Breakfast
Uncrustables

Egg and Cheese
Croissant
Sandwich

Build Your Own
Acai Bowls

Breakfast Pizza

Waffles

NO
SCHOOL
TODAY

NO
SCHOOL
TODAY

Egg and Cheese
Croissant
Sandwich

Homemade PB
Cereal Bars

Breakfast Pizza

Pancakes

Whole Grain
Cinnamon Roll

Egg and Cheese
Croissant
Sandwich

Overnight Oats

Breakfast Burrito

Egg Bites

Whole Grain
Poptarts

Egg and Cheese
Croissant
Sandwich

Cheese Stuffed
Hashbrown
Rounds

Breakfast Pizza

Waffles

Daily Items

Assorted Cereals
Breakfast Grains
Local Bagels
Granola Bars
Yogurt
Fruit Smoothies
Fruit Juice
Fresh Fruit
Milk

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal -
\$2.75
Adult Meal - \$2.75

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October 2026

PCSD High School Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

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5
Breaded Chicken Sando
Tator Tots
Assorted Fruit
1% White Milk
FF Chocolate Milk

6
Steak Fajitas
Peppers and Onions
Assorted Fruit
1% White Milk
FF Chocolate Milk

7
Pasta Bar
Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

1
INTERNATIONAL DAY
Brazilian Beef Stew with
Rice & Cheese Bread
Assorted Fruit
1% White Milk
FF Chocolate Milk

2
Chicken Parm
Garlic Knot
Roasted Cauliflower
Assorted Fruit
1% White Milk
FF Chocolate Milk

NO
SCHOOL
TODAY

12
Loaded Nachos
Black Beans, Salsa
Assorted Fruit
1% White Milk
FF Chocolate Milk

13
**Teryiaki Beef
Noodle Bowl**
Edamame, Carrots
Assorted Fruit
1% White Milk
FF Chocolate Milk

14
HOMESTYLE DAY
Roasted Turkey with
Mashed Potatoes,
Gravy, Dinner Roll
Assorted Fruit
1% White Milk
FF Chocolate Milk

15
Breaded Chicken
Sando French Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

16
Macaroni and Cheese
Roasted Cauliflower
Assorted Fruit
1% White Milk
FF Chocolate Milk

17
Walking Tacos
Black Beans, Salsa,
Assorted Toppings
Assorted Fruit
1% White Milk
FF Chocolate Milk

18
**Chicken Mashed
Potato Bowl**
Corn, Gravy
Assorted Fruit
1% White Milk
FF Chocolate Milk

19
INTERNATIONAL DAY
Chicken Tikka Masala,
Rice and Naan Bread
Assorted Fruit
1% White Milk
FF Chocolate Milk

20
Turkey Caprese
Sandwich
Waffle Fries
Assorted Fruit
1% White Milk
FF Chocolate Milk

21
Mozzarella Sticks
Marinara
Assorted Fruit
1% White Milk
FF Chocolate Milk

22
Steak Fajitas
Peppers and Onions
Assorted Fruit
1% White Milk
FF Chocolate Milk

23
Pasta Bar
Broccoli
Assorted Fruit
1% White Milk
FF Chocolate Milk

24
NYS DAY
Chicken Riggies
Utica Greens
Assorted Fruit
1% White Milk
FF Chocolate Milk

25
Chicken Tenders
Tator Tots
Assorted Fruit
1% White Milk
FF Chocolate Milk

Daily Items

Salad Bar w/
Fresh Veggies & Fruits

Weekly Specialty Parfait w/
Gluten Free Granola

Dominos Smart Slice Pizza

Made to Order Wraps

PBJ's

Hummus Boxes

See Daily Allergen Menu for
Alternate Meal Availability

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal – \$4.50
Adult Meal – \$6.00

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October 2026

PCSD Dietary Inclusive Main Entrée Choices – Middle and High School



Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

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Pasta with "Cheese" Sauce ⁵
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Cheese Pizza ⁶
vegetarian
free from:
gluten, egg, sesame,
tree nuts, soy

Plant Based "Chikn" Nuggets ⁷
vegetarian
free from:
egg, dairy, sesame,
tree nuts

Cheese Pizza ¹
vegetarian
free from:
gluten, egg, sesame,
tree nuts, soy

Pasta with Marinara ²
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

NO
SCHOOL
TODAY

Chicken Tenders ¹²
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Pasta with "Cheese" Sauce ¹³
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Cheese Pizza ¹⁴
vegetarian
free from:
gluten, egg, sesame,
tree nuts, soy

Pasta with Marinara ¹⁵
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Pasta with "Cheese" Sauce ¹⁶
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Veggie Burger ¹⁷
vegetarian
free from:
sesame, tree nuts

Chicken Tenders ¹⁸
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Cheese Pizza ¹⁹
vegetarian
free from:
gluten, egg, sesame,
tree nuts, soy

Pasta with Marinara ²⁰
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Chicken Tenders ²¹
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Cheese Pizza ²²
vegetarian
free from:
gluten, egg, sesame,
tree nuts, soy

Plant Based "Chikn" Nuggets ²³
vegetarian
free from:
egg, dairy, sesame,
tree nuts

Pasta with Marinara ²⁴
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Pasta with "Cheese" Sauce ²⁵
vegan
free from:
gluten, egg, dairy,
sesame, tree nuts, soy

Daily Items

Salad Bar with Fresh Veggies and Fruits

Made to Order Wraps
(vegan, gluten free and vegetarian)

Yogurt Parfait w/ Gluten Free Granola

Meal Pricing

Students' 1st Meal – Free
Students' 2nd Meal – \$3.50
Adult Meal – \$6.00

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