

Wright City R-II School District

Wellness Committee Meeting Agenda

2026–2027 School Year

Date: 9/30/2026

Time: 4:45 p.m.

Location: Central Office Boardroom, 90 Bell Road

1. Welcome & Introductions

- Welcome committee members
- Introduce any new members
- Review the purpose of the District Wellness Committee

2. Review of District Wellness Policy

- Review the current Local School Wellness Policy
- Discuss any areas that may need clarification or future revision

3. Triennial Assessment Review

- Review results of the completed Triennial Assessment
- Discuss areas where the district is meeting wellness policy requirements
- Review any areas identified for improvement
- Discuss documentation or follow-up items resulting from the assessment

4. Nutrition Education

- Review how nutrition education is currently provided throughout the district
- Discuss nutrition education within health, physical education, and classroom instruction
- Discuss nutrition-specific professional development for staff who provide nutrition education

5. School Nutrition & Smart Snacks

- Review school meal program wellness practices
- Review Smart Snacks requirements for foods and beverages sold to students
- Discuss vending, à la carte, classroom celebrations, fundraisers, or other food-related wellness considerations

6. Physical Education & Physical Activity

- Review physical education and health opportunities across grade levels
- Discuss opportunities for physical activity during the school day
- Review any findings from the Triennial Assessment related to physical activity

7. Wellness Goals for 2026–2027

- Review current district wellness goals
- Identify priorities based on the Triennial Assessment
- Discuss possible wellness initiatives for students and staff
- Determine any action steps for the remainder of the school year

8. Committee Discussion

- Committee member questions, concerns, and suggestions
- Building-level wellness needs or ideas
- Opportunities for additional family or community involvement

9. Next Steps

- Assign any follow-up responsibilities
- Establish timelines for identified action items
- Discuss the next Wellness Committee meeting

10. Adjournment