

Carb Count Report - October 2026

Item Name (Serving Size)	Carb (g)
Colwyck PK School Lunch Cycle Menu 26-27 SY: Week 1 Day 4 10.1.26 - ServingDate: 10/01/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Hot Dog on Bun - TR1460 (1 ea.)	23.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Baked Beans - TR1383 (1/2 c.)	39.81
Peach Crisp - TR1441 (1/2 c.)	42.60
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27 SY: Week 1 Day 5 10.2.26 - ServingDate: 10/02/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Personal Pizza - TR1176 (1 ea.)	30.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Steamed Green Beans - TR1389 (1/2 c.)	4.27
Fresh Apple Slices - TR1003 (1 ea.)	7.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27 SY: Week 2 Day 1 10.5.26 - ServingDate: 10/05/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Croissant Cristo - TR2482 (1 sandwich)	31.68
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Baked Sweet Potatoes - TR1382 (1/2 c.)	41.38
Fresh Banana - TR1024 (1 small (6")	23.07
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 2 Day 2 10.6.26 - ServingDate: 10/06/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Spaghetti & Meat Sauce *New - TR2891 (1 serving)	33.30
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Steamed Broccoli - TR1384 (1/4 c.)	2.60
Strawberry Slices - TR2843 (1/2 c.)	10.22
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Spaghetti Squash Bake Tasting - TR1533 (1/4 c.)	8.61
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 2 Day 3 10.7.26 - ServingDate: 10/07/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Popcorn Chicken, Homestyle Mega Minis, Tyson - TR2776 (10 ea.)	11.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey & Cheese Sandwich K-5 (Commodity) - TR2307 (1 sandwich)	33.40
Oven Baked French Fries - TR1192 (1/4 c.)	6.00
Diced Pears - TR1158 (1/2 c.)	16.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00

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Colwyck PK School Lunch Cycle Menu 26-27SY: Week 2 Day 4 10.8.26 - ServingDate: 10/08/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Cheeseburger K-8 new - TR2911 (1 ea.)	26.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Baked Beans - TR1383 (1/4 c.)	19.91
Assorted Peaches - TR2447 (1 serving)	15.93
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 3 Day 1 10.12.26 - ServingDate: 10/12/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Steamed Broccoli - TR1384 (1/2 c.)	5.21
Fresh Banana - TR1024 (1 small (6")	23.07
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 3 Day 2 10.13.26 - ServingDate: 10/13/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Cheesy Beef Mac & Cheese (Colwyck/Leach) Maid Rite - TR2889 (1 c.)	40.48
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Spiced Candy Roaster Squash - TR2774 (1/2 c.)	39.17
Pineapple - TR1173 (1/2 c.)	22.00
Chocolate Chip Cookies with sprinkles, Wilbur Bake Shop - 1oz (using margarine) - TR2501 (1 ea.)	15.33
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 3 Day 3 10.14.26 - ServingDate: 10/14/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Chicken Nuggets - TR1776 (5 ea.)	16.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey & Cheese Sandwich K-5 (Commodity) - TR2307 (1 sandwich)	33.40
Animal Cracker, Whole Grain - TR2969 (1 ea.)	23.00
Mashed Potatoes - TR1332 (1/4 c.)	6.61
Diced Pears - TR1158 (1/2 c.)	16.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Chicken Gravy, Monarch - TR2296 (1 oz.)	1.34
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 3 Day 4 10.15.26 - ServingDate: 10/15/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Turkey Corn Dog - TR2635 (1 ea.)	28.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
BBQ Baked Beans - TR1603 (1/2 c.)	46.37
Assorted Peaches - TR2447 (1 serving)	15.93
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00

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Colwyck PK School Lunch Cycle Menu 26-27SY: Week 3 Day 5 10.16.26 - ServingDate: 10/16/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Personal Pizza - TR1176 (1 ea.)	30.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Steamed Green Beans - TR1389 (1/2 c.)	4.27
Assorted Applesauce - TR1452 (1 ea.)	14.62
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 4 Day 1 10.19.26 - ServingDate: 10/19/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
The MAX Cheesy Breadsticks - TR2404 (3 ea.)	42.00
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Steamed Broccoli - TR1384 (1/4 c.)	2.60
Fresh Banana - TR1024 (1 small (6")	23.07
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Marinara Sauce (2 oz) - TR2473 (2 oz.)	5.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 4 Day 2 10.20.26 - ServingDate: 10/20/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Sloppy Joe Mix & Dinner Roll New - TR2892 (1 ea.)	16.44
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Roasted Delicata Squash - TR2926 (1/2 c.)	15.74
Assorted Peaches - TR2447 (1 serving)	15.93
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 4 Day 3 10.21.26 - ServingDate: 10/21/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Popcorn Chicken, Homestyle Mega Minis, Tyson - TR2776 (10 ea.)	11.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey & Cheese Sandwich K-5 (Commodity) - TR2307 (1 sandwich)	33.40
Baked Beans - TR1383 (1/2 c.)	39.81
Diced Pears - TR1158 (1/2 c.)	16.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 4 Day 4 10.22.26 - ServingDate: 10/22/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Chicken Sausage Patty - TR2000 (2 ea.)	0.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
French Toast Sticks, B4L - TR2931 (2 Sticks)	30.00
Tater Tots, Low Sodium - TR2758 (8 piece)	14.00
Mandarin Oranges - TR1149 (1/2 c.)	24.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00

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Colwyck PK School Lunch Cycle Menu 26-27SY: Week 4 Day 5 10.23.26 - ServingDate: 10/23/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Pizza, Wedge, Nardone - TR1975 (1 ea.)	27.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Steamed Green Beans - TR1389 (1/4 c.)	2.13
Baked Apples - TR1394 (1/2 c.)	23.09
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 1 Day 1 10.26.26 - ServingDate: 10/26/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Chicken Patty Sandwich - TR1322 (1 sandwich)	41.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Broccoli with Cheese Sauce - TR1346 (1/2 c.)	9.88
Fresh Banana - TR1024 (1 small (6")	23.07
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 1 Day 2 10.27.26 - ServingDate: 10/27/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Meatballs w/ Dinner Roll - TR1723 (1 serving)	20.74
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Cider Glazed Squash - TR1669 (1/2 c.)	35.43
Assorted Peaches - TR2447 (1 serving)	15.93
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27SY: Week 1 Day 3 10.28.26 - ServingDate: 10/28/2026	
Chicken Tenders K-5, Col/Leach - TR2703 (3 ea.)	16.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey & Cheese Sandwich K-5 (Commodity) - TR2307 (1 sandwich)	33.40
Mashed Potatoes - TR1332 (1/2 c.)	13.22
Diced Pears - TR1158 (1/2 c.)	16.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Chicken Gravy, Monarch - TR2296 (1 oz.)	1.34
Root Vegetable Slaw P2GF - TR2935 (1/4 c.)	2.99
Colwyck PK School Lunch Cycle Menu 26-27 SY: Week 1 Day 4 10.29.26 - ServingDate: 10/29/2026	
Bologna & Cheese Sandwich K-5 - TR1268 (1 sandwich)	32.00
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Colwyck Grab & Go Bag - TR2548 (1 ea.)	42.26
Hot Dog on Bun - TR1460 (1 ea.)	23.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Baked Beans - TR1383 (1/2 c.)	39.81
Peach Crisp - TR1441 (1/2 c.)	42.60
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00
Colwyck PK School Lunch Cycle Menu 26-27 SY: Week 1 Day 5 10.30.26 - ServingDate: 10/30/2026	
Cheese Sandwich - TR1266 (1 sandwich)	34.00
Personal Pizza - TR1176 (1 ea.)	30.00
Sun Butter & Jelly Sandwich - TR1601 (1 ea.)	66.40
Toasted Grilled Cheese Sandwich - TR1255 (1 sandwich)	34.00
Turkey Ham & Cheese Sandwich K-5 (Commodity) - TR2309 (1 sandwich)	32.50
Steamed Green Beans - TR1389 (1/2 c.)	4.27
Fresh Apple Slices - TR1003 (1 ea.)	7.00
Milk, 1% White, HyPoint - TR2081 (1 ea.)	12.00