

Carb Count Report - October 2026

Item Name (Serving Size)	Carb (g)
High School Lunch SNF Menu 26-27 SY: Week 1 Day 4 10.1.26 - ServingDate: 10/01/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Chicken Sausage Patty - TR2000 (2 ea.)	0.00
French Toast Sticks, B4L - TR2931 (2 Sticks)	30.00
Tater Tots, Low Sodium - TR2758 (8 piece)	14.00
Fresh Oranges - TR1150 (1 ea.)	10.47
Milk Variety - TR1905 (1 ea.)	16.20
Syrup, SS Cup, Madeira Farms - TR2723 (1 ea.)	30.00
High School Lunch SNF Menu 26-27 SY: Week 1 Day 5 10.2.26 - ServingDate: 10/02/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Assorted Pats Pizza - TR2382 (1 serving)	39.90
Side Caesar Salad - TR1369 (1 c.)	4.61
Assorted Fruit Ice - TR1465 (1 ea.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
Ranch Packet, Kraft - TR2576 (1 serving)	1.00
High School Lunch SNF Menu 26-27 SY: Week 2 Day 1 10.5.26 - ServingDate: 10/05/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Buffalo Chicken Dip - TR2770 (1 serving)	4.85
Chip, Tostito Rounds, 2 oz - TR1747 (1 ea.)	30.00
Celery, Stick, Bag - TR2212 (7 strip (4")	0.12
Strawberry Slices - TR2843 (1/2 c.)	10.22
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 2 Day 2 10.6.26 - ServingDate: 10/06/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Beef A Roni *New - TR2895 (9 oz.)	33.56
Homemade Breadstick - TR1422 (1 ea.)	15.11
Side Kale & Apple Salad - TR2424 (1 serving)	9.62
Assorted Peaches - TR2447 (1 serving)	15.93
Spaghetti Squash Bake Tasting - TR1533 (1/4 c.)	8.61
High School Lunch SNF Menu 26-27 SY: Week 2 Day 3 10.7.26 - ServingDate: 10/07/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Assorted Pats Pizza - TR2382 (1 serving)	39.90
Fresh Carroteenies - TR1039 (1 ea.)	5.00
Assorted Fruit Ice - TR1465 (1 ea.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
Ranch Packet, Kraft - TR2576 (1 serving)	1.00
High School Lunch SNF Menu 26-27 SY: Week 2 Day 4 10.8.26 - ServingDate: 10/08/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Breaded Chicken Tenders - TR2289 (3 ea.)	15.00
Whole Wheat Dinner Roll - TR2641 (1 ea.)	14.00
Mashed Potatoes - TR1332 (1/2 c.)	13.22
Applesauce Cup - TR1009 (1 c.)	29.38
Milk Variety - TR1905 (1 ea.)	16.20
Chicken Gravy - TR1333 (1 oz.)	1.89

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High School Lunch SNF Menu 26-27 SY: Week 3 Day 1 10.12.26 - ServingDate: 10/12/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Cheeseburger on Whole Grain Roll 9-12 - TR1337 (1 ea.)	26.00
Turkey Corn Dog - TR2635 (1 ea.)	28.00
Crispy Seasoned Oven Fries - TR2965 (1/2 c.)	13.94
Applesauce Cup - TR1009 (1 c.)	29.38
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 3 Day 2 10.13.26 - ServingDate: 10/13/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Sweet Heat BBQ Pulled Chicken Sandwich - TR2925 (1 sandwich)	31.67
Spiced Candy Roaster Squash - TR2774 (1/2 c.)	39.17
Mandarin Oranges - TR1149 (1/2 c.)	24.00
Milk Variety - TR1905 (1 ea.)	16.20
Chocolate Chip Cookies with sprinkles, Wilbur Bake Shop - 1oz (using margarine) - TR2501 (1 ea.)	15.33
High School Lunch SNF Menu 26-27 SY: Week 3 Day 3 10.14.26 - ServingDate: 10/14/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
BBQ Chicken Wings 6-12 - TR2668 (1 serving)	13.65
Buffalo Chicken Wings 6-12 - TR2616 (1 serving)	2.82
Homemade Dinner Roll - TR1420 (1 roll.)	23.75
Baked Beans - TR1383 (1/2 c.)	39.81
Assorted Peaches - TR2447 (1 serving)	15.93
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 3 Day 4 10.15.26 - ServingDate: 10/15/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Doritos Walking Taco with Beef Taco Meat 6-12 Maid Rite - TR2887 (1 ea.)	30.79
Steamed Corn - TR1388 (1/2 c.)	16.41
Diced Pears - TR1158 (1/2 c.)	16.00
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 3 Day 5 10.16.26 - ServingDate: 10/16/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Assorted Pats Pizza - TR2382 (1 serving)	39.90
Side Caesar Salad - TR1369 (1 c.)	4.61
Assorted Fruit Ice - TR1465 (1 ea.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
Ranch Packet, Kraft - TR2576 (1 serving)	1.00
High School Lunch SNF Menu 26-27 SY: Week 4 Day 1 10.19.26 - ServingDate: 10/19/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
The MAX Cheesy Breadsticks - TR2404 (3 ea.)	42.00
Side Garden Salad w/ Italian (Line Salad) - TR1311 (1 serving)	4.97
Diced Pears - TR1158 (1/2 c.)	16.00
Milk Variety - TR1905 (1 ea.)	16.20
Marinara Sauce (2 oz) - TR2473 (2 oz.)	5.00
High School Lunch SNF Menu 26-27 SY: Week 4 Day 2 10.20.26 - ServingDate: 10/20/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Dill Nuggets 6-12 - TR2798 (3 3/4 oz.)	14.00
Cheez It - TR1068 (1 ea.)	14.00
Roasted Delicata Squash - TR2926 (1/2 c.)	15.74
Applesauce Cup - TR1009 (1 c.)	29.38
Milk Variety - TR1905 (1 ea.)	16.20

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High School Lunch SNF Menu 26-27 SY: Week 4 Day 3 10.21.26 - ServingDate: 10/21/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Assorted Pats Pizza - TR2382 (1 serving)	39.90
Fresh Carroteenies - TR1039 (1 ea.)	5.00
Assorted Fruit Ice - TR1465 (1 ea.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
Ranch Packet, Kraft - TR2576 (1 serving)	1.00
High School Lunch SNF Menu 26-27 SY: Week 4 Day 4 10.22.26 - ServingDate: 10/22/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
General Tso's Popcorn Chicken 6-12 - TR1341 (1 serving)	34.73
Fried Rice - TR1432 (1/2 c.)	31.88
Steamed Broccoli - TR1384 (1/2 c.)	5.21
Pineapple - TR1173 (1/2 c.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 4 Day 5 10.23.26 - ServingDate: 10/23/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Sloppy Joe Sandwich New - TR2888 (1 ea.)	27.44
Cheez It - TR1068 (1 ea.)	14.00
French Fry, Waffle Cut - TR2785 (1/2 c.)	20.00
Assorted Peaches - TR2447 (1 serving)	15.93
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 1 Day 1 10.26.26 - ServingDate: 10/26/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Chicken Patty Sandwich 6-12 - TR1323 (1 sandwich)	41.00
Spicy Chicken Patty Sandwich 6-12 - TR2461 (1 sandwich)	39.00
Broccoli with Cheese Sauce - TR1346 (1/2 c.)	9.88
Assorted Applesauce - TR1452 (1 ea.)	14.62
Milk Variety - TR1905 (1 ea.)	16.20
High School Lunch SNF Menu 26-27 SY: Week 1 Day 2 10.27.26 - ServingDate: 10/27/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Nachos with Beef Taco Meat 6-12 - TR2898 (1 serving)	24.79
Brown Rice - TR1409 (1/2 c.)	24.48
Cider Glazed Squash - TR1669 (1/2 c.)	35.43
Assorted Peaches - TR2447 (1 serving)	15.93
Milk Variety - TR1905 (1 ea.)	16.20
Lettuce and Tomato Cup - TR2577 (1 ea.)	1.14
Shredded Cheddar Cheese - TR2715 (1 oz.)	1.00
High School Lunch SNF Menu 26-27 SY: Week 1 Day 3 10.28.26 - ServingDate: 10/28/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Chicken Nuggets - (6-12) - TR1000 (6 ea.)	18.00
Goldfish - TR1066 (1 ea.)	14.00
Steamed Corn - TR1388 (1/2 c.)	16.41
Diced Pears - TR1158 (1/2 c.)	16.00
Milk Variety - TR1905 (1 ea.)	16.20
Root Vegetable Slaw P2GF - TR2935 (1/4 c.)	2.99
High School Lunch SNF Menu 26-27 SY: Week 1 Day 4 10.29.26 - ServingDate: 10/29/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Chicken Sausage Patty - TR2000 (2 ea.)	0.00
French Toast Sticks, B4L - TR2931 (2 Sticks)	30.00
Tater Tots, Low Sodium - TR2758 (8 piece)	14.00
Fresh Oranges - TR1150 (1 ea.)	10.47
Milk Variety - TR1905 (1 ea.)	16.20
Syrup, SS Cup, Madeira Farms - TR2723 (1 ea.)	30.00
High School Lunch SNF Menu 26-27 SY: Week 1 Day 5 10.30.26 - ServingDate: 10/30/2026	
Assorted 100% Fruit Juice - TR1893 (1 ea.)	17.33
Assorted Pats Pizza - TR2382 (1 serving)	39.90
Side Caesar Salad - TR1369 (1 c.)	4.61
Assorted Fruit Ice - TR1465 (1 ea.)	22.00
Milk Variety - TR1905 (1 ea.)	16.20
Ranch Packet, Kraft - TR2576 (1 serving)	1.00