NUTRITION SERVICES
Natomas Unified School District

SECONDARY BREAKFAST
OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Fiesta Burrito Bowl	2 French Toast & Turkey Bacon
5 Ham & Swiss Cheese Croissant	6 Apple Cinnamon Breakfast Bread	7 Breakfast Crunch Wrap	8 Bacon, Egg & Cheese Pull Pastry Hashbrown Cheese Pull Pastry	9 Belgian Waffle & Berry Compote
12 Cocoa Berry Breakfast Wrap *Made with Fresh Strawberries*	13 Sausage, Egg & Cheese Breakfast Sandwich	14 Berry Parfait	15 Fiesta Burrito Bowl	16 French Toast & Turkey Bacon
19 Ham & Swiss Cheese Croissant	20 Apple Cinnamon Breakfast Bread	21 Breakfast Crunch Wrap	22 Bacon, Egg & Cheese Pull Pastry Hashbrown Cheese Pull Pastry	23 Belgian Waffle & Berry Compote
26 Cocoa Berry Breakfast Wrap *Made with Fresh Strawberries*	27 Sausage, Egg & Cheese Breakfast Sandwich	28 Berry Parfait	29 Fiesta Burrito Bowl	30 French Toast & Turkey Bacon

DAILY ROTATING BREAKFAST OPTIONS

- Variety Bagel & Cream Cheese
- Variety Cereal
- Variety BeneFIT Bar

MILK

- 1% White Milk
- 2% Milk

MENU KEY

- Vegetarian Option
- Contains Pork

Fresh Fruits & Veggies Served Daily

This institution is an equal opportunity provider.
This menu is subject to change.