NUTRITION SERVICES
Natomas Unified School District

ELEMENTARY LUNCH
OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cheeseburger with Wedge Fries Vegetarian Burger with Wedge Fries *Seasonal Salad Bar*	2 Pepperoni Pizza Cheese Pizza *Caesar Salad*
5 Sourdough Cheese Melt *Seasonal Salad Bar*	6 Cheese & Green Chili Tamale *Freshly Prepared Elote Salad*	7 Orange Chicken with Brown Rice Kickin' Orange Chicken with Brown Rice **Entrées served with Roasted Broccoli*	8 BBQ Chicken with Macaroni & Cheese & Dinner Roll Macaroni & Cheese with Dinner Roll *Seasonal Salad Bar*	9 Pepperoni Pizza Cheese Pizza *Caesar Salad*
12 Crispy Chicken Sandwich with Wedge Fries Crispy Kickin' Sandwich with Wedge Fries *Seasonal Salad Bar*	13 Zesty Cheese Quesadilla *Seasonal Salad Bar*	14 Penne with Italian Beef Meatballs Penne with Meatless Meatballs *Caesar Salad*	15 Chicken Tenders & Goldfish Kickin' Tenders & Goldfish *Seasonal Salad Bar*	16 Pepperoni Pizza Cheese Pizza *Caesar Salad*
19 Creamy Macaroni & Cheese with Dinner Roll *Seasonal Salad Bar*	20 Beef & Cheese Crispy Tacos Bean & Veggie Crispy Tacos *Taco Salad Bar*	21 Orange Chicken with Brown Rice Kickin' Orange Chicken with Brown Rice **Entrées served with Roasted Broccoli*	22 Crispy Chicken Sandwich Crispy Kickin' Sandwich *Seasonal Salad Bar*	23 Pepperoni Pizza Cheese Pizza *Caesar Salad*
26 Cheesy Garlic Bread Twists with Marinara Dipping Cup *Seasonal Salad Bar*	27 Loaded Nachos Vegetarian Loaded Nachos *Taco Salad Bar*	28 Chicken Teriyaki with Brown Rice Plant-Based Teriyaki Meatballs with Brown Rice **Entrées served with Roasted Carrots*	29 Cheeseburger with Wedge Fries Vegetarian Burger with Wedge Fries *Seasonal Salad Bar*	30 Pepperoni Pizza Cheese Pizza *Caesar Salad*

MILK

2% White Milk

Fat Free Chocolate Milk

MENU KEY

Vegetarian Option

Contains Pork

FRESH FRUITS & VEGGIES SERVED DAILY!

This institution is an equal opportunity provider. This menu is subject to change.