

Lunch Menu

NCRMS

October
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Please ask about
our Gluten Free
Choices

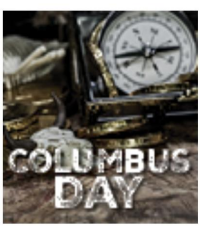
5 Pizza Crunchers
bite size pizza pockets 
Sweet Corn

6 French Toast
French toast baked to perfection 
With Sausage Patty
Sugar Free Syrup
And Steamed Carrots

7 Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Baked Beans 

8 General Tso's Chicken
crispy chicken with broccoli in General Tso's sauce 
With Whole Wheat Dinner Roll 
Cucumber Coins

9 French Bread Pizza
crispy French bread smothered with tomato sauce and melted cheese 
Caesar Salad 
IT'S STUDENT APPRECIATION DAY

12 
COLUMBUS DAY

13 Chicken Nuggets
Whole Wheat Dinner Roll 
All With Steamed Carrots

14 Cheese Quesadilla
freshly grilled flour tortilla with melted cheese 
Baked Beans

15 Meatball Hero
freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella
Green Beans

16 Classic Cheese Pizza

Chicken Bacon Ranch Pizza 
Steamed Broccoli

19 Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 
With Marinara Sauce
Sweet Corn

20 Buffalo Chicken Sauce and Toss 
With Whole Wheat Dinner Roll 
Steamed Carrots

21 Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
Black Beans

22 Homemade Baked Pasta with Cheese 

Caesar Salad 

23 Classic Cheese Pizza

Pepperoni Pizza 
Cucumber Coins

26 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 
With Marinara Sauce
Dip
Sweet Corn

27 BBQ Chicken Sauce & Toss
Whole Wheat Dinner Roll 
Steamed Carrots

28 Walking Taco
mexi-style taco meat paired with crispy chips 

Baked Beans 

29 Whole Grain Waffles with Sausage
light and crispy waffles served with a sausage patty
Sugar Free Syrup
Crispy Potato Puffs 

30 Classic Cheese Pizza

Or Buffalo Chicken Pizza 
Steamed Broccoli

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Student Lunch Prices

Breakfast: FREE K-5
Lunch: FREE K-5
Adult: \$5.39 + tax

Available Daily
Grab & Go Salads and Sandwiches
Chicken Sandwich
Hamburger/Cheeseburger
Yogurt Parfait, Pizza, Bagel Lunch
Variety Fresh Fruit and Veggies
Assorted condiments available

