

Breakfast Menu

MPHS

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Please ask your servers about gluten free options



5 Homemade Chocolate Chip Muffins Fat Free Milk

6 Mini Confetti Pancakes Fat Free Milk

7 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Milk

1 Mini Cinnamon Pull Apart Roll Fat Free Milk

2 WG Glazed Donut Fat Free Milk



12 13 Apple Strudel Fat Free Milk

14 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Milk



15 Mini Cinnamon Pull Apart Roll Fat Free Milk

16 WG Glazed Donut Fat Free Milk

19 Homemade Chocolate Chip Muffins Fat Free Milk

20 Mini Confetti Pancakes Fat Free Milk

21 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Milk

22 Mini Cinnamon Pull Apart Roll Fat Free Milk

23 WGR Donut Fat Free Milk



26 Homemade Chocolate Chip Muffins Fat Free Milk

27 Apple Strudel Fat Free Milk

28 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Milk

29 Mini Cinnamon Pull Apart Roll Fat Free Milk

30 WGR Donut Fat Free Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Prices:

Student: FREE

Adult: \$3.01 + tax

Available Daily:

WG Bagels,
Yogurt Parfaits/ Cinni Minis
Assorted Muffins/Cereals

Milk Choices: 1% White, Fat Free Chocolate/White

