

Breakfast Menu

AMPS

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Please inquire about our gluten free choices

5 Chocolate Chip Muffin  Fat Free Milk



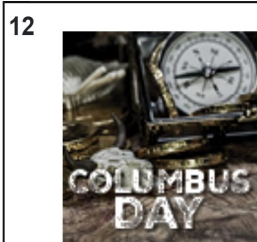
6 Mini Confetti Pancakes Fat Free Milk

7 WG Donut Bites  Fat Free Milk



1 Apple Strudel   Fat Free Milk

2 Cinnamon Bun   Fat Free Milk



12  Fat Free Milk

NEW

13 Mini Blueberry Bash Waffles  Fat Free Milk

14 WG Donut Bites  Fat Free Milk

15 Apple Strudel   Fat Free Milk

16 Cinnamon Bun   Fat Free Milk



19 Chocolate Chip Muffin  Fat Free Milk



20 Mini Confetti Pancakes Fat Free Milk

21 WG Donut Bites  Fat Free Milk

22 Mini Chocolate Chip French Toast Fat Free Milk

23 Cinnamon Bun   Fat Free Milk

26 Chocolate Chip Muffin  Fat Free Milk

27 Mini Blueberry Bash Waffles  Fat Free Milk

28 WG Donut Bites  Fat Free Milk

29 Apple Strudel   Fat Free Milk

30 Cinnamon Bun   Fat Free Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



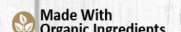
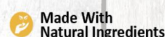
Student Breakfast Prices

K- 5 Breakfast -FREE

6- 12 Breakfast - FREE

Adult Breakfast- \$3.01

Milk Options:
FF Chocolate Milk
FF/ 1% White Milk



Available Daily:

Bagel Breakfast - Cereal Breakfast

Yogurt Breakfast - all served with choice of fruit or fruit juice & milk

Assorted Condiments