NUTRITION SERVICES
Natomas Unified School District

ELEMENTARY BREAKFAST
OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bacon, Egg & Cheese Pull Pastry Hashbrown Cheese Pull Pastry	2 Egg & Potato Breakfast Scramble
5 Ham and Swiss Cheese Croissant	6 Apple Cinnamon Breakfast Bread	7 Berry Parfait	8 Breakfast Burrito Bowl	9 Whole Grain Concha
12 French Toast & Turkey Bacon	13 Sausage, Egg & Cheese Breakfast Sandwich	14 Whole Grain Plain Bagel & Reg Cream Cheese	15 Bacon, Egg & Cheese Pull Pastry Hashbrown Cheese Pull Pastry	16 Egg & Potato Breakfast Scramble
19 Ham and Swiss Cheese Croissant	20 Apple Cinnamon Breakfast Bread	21 Berry Parfait	22 Breakfast Burrito Bowl	23 Whole Grain Concha
26 French Toast & Turkey Bacon	27 Sausage, Egg & Cheese Breakfast Sandwich	28 Whole Grain Plain Bagel & Reg Cream Cheese	29 Bacon, Egg & Cheese Pull Pastry Hashbrown Cheese Pull Pastry	30 Egg & Potato Breakfast Scramble

DAILY ROTATING BREAKFAST OPTIONS

- Variety Cereal & String Cheese
- Variety Muffin & String Cheese
- Variety Zee Zee Bar & String Cheese

MILK

- 1% White Milk
- 2% Milk

MENU KEY

- Vegetarian Option
- Contains Pork

FRESH FRUITS & VEGGIES SERVED DAILY!

This institution is an equal opportunity provider. This menu is subject to change.