

OCTOBER 2026

Muenster JH/HS

Monday

Tuesday

Wednesday

Thursday

Friday

**Mini Pancakes
Pears/Oranges**

5

Italian Sub
Toasted Cheese
Baked Chips
Celery
Pineapple & Berries

No School

12

**Mini Pancakes
Pears/Oranges**

19

Baked Ziti
Green Beans
Cucumber Chips
Breadstick
Pineapple

**Sausage Biscuit
Pineapple/Oranges**

26

Ham & Cheese Croissant
Uncrustable
Baked Chips
Broccoli Bites
Fruit Cup

**Yogurt
Berries/Peaches**

6

French Bread Pizza
Seasoned Corn
Cucumber & Tomatoes
Grapes

**Kolache
Peaches/Grapes**

13

Cheese Pizza
Pepperoni Pizza
Seasoned Corn
Cucumber & Tomatoes
Fruit Cup

**Yogurt
Berries/Peaches**

20

French Bread Pizza
Seasoned Corn
Cucumber & Tomatoes
Oranges

**Blueberry Muffin
Grapes/Fruit Cup**

27

Cheese Pizza
Pepperoni Pizza
Seasoned Corn
Cucumber & Tomatoes
Grapes

**Bagel Pizza
Applesauce/Grapes**

7

Beefy Mac
Green Beans
Cucumber & Carrots
Breadstick
Watermelon

**Eggs & Hashbrown
Pears/Fruit Cup**

14

Crispitos
Pinto Beans
Trio of Peppers
Watermelon

**McGriddle
Oranges/Apples**

21

Chicken Nuggets
Mashed Potatoes/ Roll
Carrots
Apples

**Breakfast on a Bun
Peaches/Oranges**

28

Chicken Alfredo
Steamed Broccoli
Carrots & Cucumbers
Oranges
Breadstick

**Sausage Biscuit
Pineapple/Oranges**

1

Corn Dog
Macaroni & Cheese
Carrots
Cucumber Chips
Oranges

**French Toast Sticks
Pears/Apples**

8

Cheeseburger
Hamburger
French Fries
Broccoli Bites
Apples

**Chicken Biscuit
Apples/Oranges**

15

Salisbury Steak
Mashed Potatoes/ Roll
Carrots
Apples

**Pancake on a Stick
Pineapple/Grapes**

22

Corn Dog
Baked Beans
Cucumber Chips
Grapes

**Bagel Pizza
Applesauce/Grapes**

29

Steak Fingers
Mashed Potatoes/ Roll
Carrots
Apples

**Powdered Donuts
Pears/Apples**

2

Chicken Sandwich
Spicy Chicken Sandwich
Broccoli & Cheese
Celery
Grapes

No School

9

**Chocolate Muffin
Grapes/Pineapple**

16

Chicken Sandwich
Spicy Chicken Sandwich
Broccoli & Cheese
Celery
Grapes

**Cinnamon Roll
Applesauce/Apples**

23

Cheeseburger
Hamburger
French Fries
Broccoli Bites
Applesauce

**Powdered Donuts
Pears/Apples**

30

Chicken Sandwich
Spicy Chicken Sandwich
Baked Beans
Cucumber Chips
Grapes/Fruit Slushy

A La Carte: 1% Milk or Fat Free Flavored Milk and Garden Salad.

School Info: Menu subject to change due to on-going supply chain issues.

Muenster ISD is an equal opportunity provider

October 9 & 12: No School