



Memorial Junior High Grades 7-8

Enjoy a variety of fresh fruits and vegetables offered on the menu every day.



October
2026

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MONDAY

1
THURSDAY

Breakfast Bagel Breakfast Sandwich

Grab & Go Cocoa Puffs Cereal, WG,
Cheese Stick

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

TUESDAY

2
FRIDAY

Breakfast Donut, WG

Grab & Go Lucky Charms Cereal, Graham
Crackers

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

WEDNESDAY

EXTRA INFO

Harvest of the Month



For questions, please contact Food Service Director Lucy
DuHaime at 216-691-2099 or by email at
duhaimel@selschools.org.

Menus are subject to change without
notice. This institution is an equal
opportunity provider.

TAHER
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5
MONDAY

Breakfast Fluffy Pancakes, Turkey Sausage Patty

Grab & Go Trix Cereal Bar, WG, Cheese Stick

Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

8
THURSDAY

Breakfast No School

6
TUESDAY

Breakfast Plain Bagel, WG, Cream Cheese, plain, Scrambled Egg

Grab & Go Blueberry Muffin, Graham Crackers

Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

9
FRIDAY

Breakfast No School

7
WEDNESDAY

Breakfast Cinnamon Roll

Grab & Go Strawberry Pop-Tart, WG, Cheese Stick

Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

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12

MONDAY

Breakfast Breakfast Bagel

Grab & Go Mini-Cinnis, WG

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

15

THURSDAY

Breakfast Bagel Breakfast Sandwich

Grab & Go Cocoa Puffs Cereal Bar, WG

Cheese Stick, Choice of Fruit, Juice
Selection, 1% Unflavored White
Milk, 1% low Fat Chocolate Milk

13

TUESDAY

Breakfast Breakfast Taco

Grab & Go Chocolate Chip Muffin,
Cheese Stick

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

16

FRIDAY

Breakfast Donut, WG

Grab & Go Lucky Charms Cereal, Graham
Crackers

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

14

WEDNESDAY

Breakfast Dutch Waffle.WG, Turkey
Bacon

Grab & Go Frosted Brown Sugar Cinnamon
Pop-Tart, WG, Graham Crackers

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

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19

MONDAY

- Breakfast** Homemade WG Pancakes, Turkey Sausage
- Grab & Go** Trix Cereal Bar, WG, Cheese Stick
- Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

22

THURSDAY

- Breakfast** Egg & Cheese on English Muffin
- Grab & Go** Frosted Flakes Cereal, WG, Cheese Stick
- Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

20

TUESDAY

- Breakfast** Plain Bagel, WG, Cream Cheese, plain, Scrambled Egg
- Grab & Go** Blueberry Muffin, Graham Crackers
- Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

23

FRIDAY

- Breakfast** French Toast Sticks
- Hashbrown Potato Rounds, Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat
- Grab & Go** Strawberry Cream Cheese Filled Bagel

21

WEDNESDAY

- Breakfast** Cinnamon Roll
- Grab & Go** Strawberry Pop-Tart, WG, Cheese Stick
- Choice of Fruit, Juice Selection, 1% Unflavored White Milk, 1% low Fat Chocolate Milk

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MONDAY

Breakfast Breakfast Bagel

Grab & Go Mini-Cinnis, WG

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

29

THURSDAY

Breakfast Bagel Breakfast Sandwich

Grab & Go Cocoa Puffs Cereal, WG,
Cheese Stick

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

27

TUESDAY

Breakfast Breakfast Taco

Grab & Go Chocolate Chip Muffin,
Cheese Stick

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

30

FRIDAY

Breakfast Donut, WG

Grab & Go Lucky Charms Cereal, Graham
Crackers

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

28

WEDNESDAY

Breakfast Dutch Waffle.WG, Turkey
Bacon

Grab & Go Frosted Brown Sugar Cinnamon
Pop-Tart, WG, Graham Crackers

Choice of Fruit, Juice Selection, 1%
Unflavored White Milk, 1% low Fat
Chocolate Milk

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