

Nutritional Information

[illegible]

Sour Cream	1 tbsp (1/2oz)	56	1 g	1 g	5 g	3 g	17 mg	9 mg	0 g	n/a	127	0	29 mg	0 mg					X					
Spiced Pinto Beans	1/2 cup	134	26 g	7 g	1 g	0 g	0 mg	380 mg	5 g	2 g	7	1	55 mg	2 mg										
Steamed Broccoli	1/2 cup	29	5 g	2 g	0 g	0 g	0 mg	10 mg	2 g	n/a	96	29	0 mg	0 mg										
Steamed Carrots	1/2 cup	33	8 g	0 g	1 g	0 g	0 mg	54 mg	3 g	n/a	0	0	33 mg	1 mg										
Sweet Potato Waffle Fries	1/2 cup	142	24 g	1 g	4 g	0 g	0 mg	236 mg	4 g	11 g	4134	1	24 mg	0 mg										
Turkey Sausage Link	1 each	100	0 g	3 g	10 g	4 g	20 mg	160 mg	0 g	n/a	0	0	0 mg	0 mg										
Walking Taco	1 each	405	30 g	22 g	23 g	8 g	57 mg	547 mg	4 g	1 g	65	0	47 mg	1 mg					X					