



Hoke County Breakfast Menus for October 2026

Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Sausage Biscuit Assorted Cereals Graham Crackers Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 2 Breakfast Pizza Assorted Cereals Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 5 Ham and Cheese Croissant Assorted Cereals Graham Crackers Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 6 Chicken Pancake Sausage Sandwich Assorted Cereals Graham Crackers Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	October 7 Super Cruller Assorted Cereals Graham Crackers Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 8 Chicken Biscuit Assorted Cereals Graham Crackers Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 9 Chicken Waffle Sandwich Assorted Cereals Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 12 Breakfast Bagel Assorted Cereals Graham Crackers Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 13 Cinnamon Texas Toast Assorted Cereals Graham Crackers Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 14 Chocolate Chip Muffin Assorted Cereals Graham Crackers Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 15 Breakfast Pizza Assorted Cereals Graham Crackers Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 16 Apples Cinnamon Muffin Assorted Cereals Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 19 	October 20 Belgian Waffle Assorted Cereals Graham Crackers Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 21 Dunkin Stix Assorted Cereals Graham Crackers Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 22 Sausage Biscuit Assorted Cereals Graham Crackers Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 23 Breakfast Pizza Assorted Cereals Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 26 Ham and Cheese Croissant Assorted Cereals Graham Crackers Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 27 Chicken Pancake Sausage Sandwich Assorted Cereals Graham Crackers Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	October 28 Super Cruller Assorted Cereals Graham Crackers Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 29 Chicken Biscuit Assorted Cereals Graham Crackers Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 30 Blueberry Donut Holes Assorted Cereals Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk





Hoke County Lunch Menus for October 2026

Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 General Tso's Chicken Chef Salad w/ Grilled Chicken w/Garlic Knot Grilled Cheese Sandwich Stir Fry Vegetables Vegetable Fried Rice Mandarin Oranges Garlic Knots Low-fat or Fat-Free Milk	October 2 Sloppy Joe on Bun 6" Cheese Pizza Peanut Butter and Jelly Sandwich Baked Beans Sweet Potato Fries *Fresh NC Watermelon and Canteloupe Low-fat or Fat Free Milk
October 5 Chick Fillet on Bun 4X6 Cheese Pizza Grilled Cheese Sandwich Steamed Broccoli Seasoned Potato Rounds *Fresh NC Apple Slices Low-fat or Fat-Free Milk	October 6 Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick Peanut Butter & Jelly Sandwich Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa *Fresh NC Asian Pears Low-fat or Fat-Free Milk	October 7 Pork Riblet on Bun Chicken Quesadilla Grilled Cheese Sandwich Green Beans Sweet Potato Fries Diced Peaches Low-fat or Fat-Free Milk	October 8 Asian Zing Meatballs Chef Salad w/Grilled Chicken Fillet w/Garlic Breadstick Peanut Butter & Jelly Sandwich *Fresh NC Steamed Cabbage Candied Yams *NC Heirloom Rice Strawberry Cup Garlic Breadstick Low-fat or Fat-Free Milk	October 9 Cheeseburger on Bun Hot Dog on Bun Grilled Cheese Sandwich Baked Beans Seasoned Potato Tots Mixed Berry Fruit Cup Low-fat or Fat-Free Milk
October 12 Chicken Tenders Stuff Crust Cheese Pizza Peanut Butter & Jelly Sandwich Green Beans Mashed Potatoes Mixed Fruit Dinner Roll Low-fat or Fat-Free Milk	October 13 Chicken Fajita on Soft Shell Chef Salad w/Chicken Fajita w/Tortilla Shell Grilled Cheese Sandwich Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Low-fat or Fat-Free Milk	October 14 Beefy Nachos w/Chips Chicken Wrap Peanut Butter & Jelly Sandwich Green Beans Steamed Carrots *Fresh NC Sliced Bagged Apples Low-fat or Fat-Free Milk	October 15 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Grilled Cheese Sandwich *Fresh NC Steamed Cabbage *NC Fresh Baked Sweet Potato Spiced Peaches Dinner Roll Low-fat or Fat-Free Milk	October 16 Corn Dog Veggie Burger on Bun Peanut Butter & Jelly Sandwich Seasoned Sweet Potato Fries Baked Beans *Fresh NC Wedged Apples Low-fat or Fat-Free Milk
October 19 	October 20 Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick Peanut Butter & Jelly Sandwich Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Low-fat or Fat-Free Milk	October 21 Meatball Sub Hamburger on Bun Grilled Cheese Sandwich Steamed Broccoli Steamed Carrots Diced Pears Low-fat or Fat-Free Milk	October 22 Chicken and Rice Chef Salad w/Grilled Chicken Fillet w/Garlic Breadstick Peanut Butter & Jelly Sandwich Stir Fry Vegetables, Candied Yams Mandarin Oranges Garlic Breadstick Low-fat or Fat-Free Milk	October 23 Hot Dog on Bun French Bread Cheese Pizza Grilled Cheese Sandwich Baked Beans Seasoned French Fries Chili, Coleslaw Peach Cup Low-Fat or Fat- Free Milk
October 26 Chicken Nuggets Corn Dog Nuggets Peanut Butter & Jelly Sandwich Steamed Broccoli Mashed Potatoes Sliced Peaches Garlic Knot Low-fat or Fat-Free Milk	October 27 Chicken Quesadilla Chef Salad w/ Taot Salad w/ Chips Grilled Cheese Sandwich Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa *Fresh NC Sliced Bagged Apples Low-fat or Fat-Free Milk	October 28 Spaghetti *NC Ground Beef Meatsauce Veggie Burger on Bun Peanut Butter & Jelly Sandwich Mixed Vegetables Steamed Carrots Diced Pears Wild Mike's Cheesy Bites Low-fat or Fat-Free Milk	October 29 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Grilled Cheese Sandwich *Fresh NC Steamed Cabbage *NC Fresh Baked Sweet Potato Spiced Peaches Dinner Roll Low-fat or Fat-Free Milk	October 29 Chicken Barbeque on Bun Corn Dog Peanut Butter & Jelly Sandwich Baked Beans Seasoned French Fries Coleslaw *Fresh Apple Wedges Low-fat or Fat Free Milk

