



K-3 Lunch

October
2026

Enjoy a variety of fresh fruits and vegetables every day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Chicken Potstickers Brown Rice, WG Carrots Cherry Tomato Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Cheese Pizza Roasted Broccoli Cucumber Ranch Salad Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Crispy Chicken Nuggets Dinner Roll Potato Smiles Red/orange Bell Pepper Strips Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Walking Taco Salsa Sour Cream Black Beans Baby Carrots Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	7 Popcorn Chicken Bowl Dinner Roll Mashed Potatoes Steamed Corn Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	8 No School	9 No School
12 Circus Star Corn Dog French Fries Baby Carrots Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Circus Celebration for NSLP Week	13 Beef Tacos, Soft Sour Cream Spiced Pinto Beans Red/orange Bell Pepper Strips Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Circus Celebration for NSLP Week	14 Chicken Bites w/ Sweet & Sour Sauce Brown Rice, WG Steamed Carrots Celery Sticks Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Circus Celebration for NSLP Week	15 French Toast Sticks, WG Turkey Sausage Hashbrown Potato Rounds Cherry Tomato Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Circus Celebration for NSLP Week	16 Cheese Pizza Roasted Broccoli Cucumber Slices Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Circus Celebration for NSLP Week
19 Crispy Chicken Sandwich WG Bun Tater Tots Baby Carrots Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Walking Taco Salsa Sour Cream Roasted Corn Cucumber Slices Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	21 Chicken Corn Dog Baked Beans, Vegetarian Celery Sticks Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk SideKicks Cherry Smooth 'n Good	22 Macaroni and Cheese Dinner Roll Roasted Broccoli Diced Green/Yellow Bell Pepper Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 HOM - Broccoli Cheesy Bosco Stick Marinara Sauce Steamed Green Beans Cherry Tomato Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Cheeseburger on WG Bun French Fries Baby Carrots Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	27 Cheese Quesadilla Salsa Sour Cream Spiced Pinto Beans Red/orange Bell Pepper Strips Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	28 Grilled Cheese Sandwich Sweet Potato Waffle Fries Celery Sticks Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Chicken Potstickers Brown Rice, WG Carrots Cherry Tomato Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Cheese Pizza Roasted Broccoli Cucumber Ranch Salad Choice of Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk Halloween Spooky Pudding

PRICES

Lunch	Free
Additional Lunch	\$2.50
Milk Only	\$.75
Adult Lunch	\$5.25

EXTRA INFO

For questions, please contact Food Service Director Lucy DuHaime at 216-691-2099 or by email at duhaimel@selschools.org.

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.