



Hoke County Breakfast Menus for October 2026

Pre- K

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Sausage Biscuit Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 2 Breakfast Pizza Assorted Cereals Diced Pears Lowfat or Fat Free Milk
October 5 Maple Pancake Minis Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk	October 6 French Toast Sticks Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 7 Chocolate Chip Muffin Assorted Cereals Mandarin Oranges Lowfat or Fat Free Milk	October 8 Chicken Biscuit Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 9 Pancake on the Stick Assorted Cereals Diced Pears Lowfat or Fat Free Milk
October 12 Breakfast Bites Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk	October 13 Mini Waffles Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 14 Cinnamon French Toast Minis Assorted Cereals Mandarin Oranges Lowfat or Fat Free Milk	October 15 Breakfast Pizza Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 16 Apple Cinnamon Muffin Assorted Cereals Diced Pears Lowfat or Fat Free Milk
October 19 	October 20 French Toast Sticks Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 21 Chocolate Chip Muffin Assorted Cereals Mandarin Oranges Lowfat or Fat Free Milk	October 22 Chicken Biscuit Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 23 Pancake on the Stick Assorted Cereals Diced Pears Lowfat or Fat Free Milk
October 26 Maple Pancake Mini Assorted Cereals Applesauce Cup Lowfat or Fat Free Milk	October 27 Mini Waffles Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 28 Cinnamon French Toast Minis Assorted Cereals Mandarin Oranges Lowfat or Fat Free Milk	October 29 Sausage Biscuit Assorted Cereals Assorted Juice Lowfat or Fat Free Milk	October 30 Breakfast Pizza Assorted Cereals Diced Pears Lowfat or Fat Free Milk





Hoke County Lunch Menus for October 2026

Pre-K

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 General Tso's Chicken Stir Fry Vegetables Vegetable Fried Rice Mandarin Oranges Low-fat or Fat Free Milk	October 2 Sloppy Joe on Bun Baked Beans *Fresh NC Watermelon and Canteloupe Low-fat or Fat Free Milk
October 5 Chick Fillet on Bun Steamed Broccoli *Fresh NC Sliced Apples Dinner Roll Low-fat or Fat-Free Milk	October 6 Soft Shell Beef Taco Buttered Corn *Fresh Asian Pears Low-fat or Fat Free Milk	October 7 Pork Riblet on Bun Seasoned Sweet Potato Fries *Fresh NC Bagged Sliced Apples Low-fat or Fat-Free Milk	October 8 Asian Zing Meatballs *Fresh NC Steamed Cabbage *NC Heirloom Rice Mandarin Oranges Low-fat or Fat-Free Milk	October 9 Cheeseburger on Bun Seasoned Potato Rounds Diced Peaches Low-fat or Fat Free Milk
October 12 Chicken Tenders Green Beans Mixed Fruit Dinner Roll Low-fat or Fat Free Milk	October 13 Chicken Fajita on Soft Shell Black Beans Pineapple Tidbits Low-fat or Fat-Free Milk	October 14 Beefy Nachos w/Chips Steamed Carrots *Fresh NC Bagged Sliced Apples Low-fat or Fat Free Milk	October 15 Oven Roasted Chicken *NC Fresh Baked Sweet Potato Spiced Peaches Dinner Roll Low-fat or Fat Free Milk	October 16 Corn Dog Seasoned Sweet Potato Fries *Fresh NC Apples Wedges Low-fat or Fat Free Milk
October 19 	October 20 Soft Shell Beef Taco Black Beans Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Low-fat or Fat-Free Milk	October 21 Meatball Sub Steamed Broccoli Diced Peaches Low-fat or Fat-Free Milk	October 22 Chicken and Rice Stir Fry Vegetables Mandarin Oranges Dinner Roll Low-fat or Fat Free Milk	October 23 Hot Dog On Bun Seasoned French Fries Diced Peaches Low-Fat or Fat- Free Milk
October 26 Chicken Nuggets Steamed Broccoli Sliced Peaches Garlic Knot Low-fat or Fat Free Milk	October 27 Chicken Quesadilla Pinto Beans *Fresh NC Bagged Sliced Apples Low-fat or Fat Free Milk	October 28 Spaghetti *NC Ground Beef Meatsauce Steamed Carrots Diced Pears Cheesy Bites Low-fat or Fat-Free Milk	October 29 Oven Roasted Chicken *Fresh NC Steamed Cabbage Spiced Peaches Dinner Roll Low-fat or Fat Free Milk	October 30 Chicken Barbeque on Bun Seasoned French Fries *Fresh Apple Wedges Low-fat or Fat-Free Milk

