



K-3 Breakfast

October
2026

Enjoy a variety of fresh fruits and vegetables every day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 	29 	30 	1 Mini Cinnamon Caramel Rolls Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Strawberry Cream Cheese Filled Bagel Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Strawberry Pop-Tart, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Mini Maple Waffle, WG Syrup Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	7 Apple Frudel, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	8 No School	9 No School
12 Chocolate Chocolate Chip Muffin Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 Mini Trix French Toast, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	14 Lucky Charms Cereal Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	15 Mini Cinnamon Caramel Rolls Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Strawberry Cream Cheese Filled Bagel Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
19 Strawberry Pop-Tart, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Mini Maple Waffle, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	21 Apple Frudel, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Blueberry Muffin, WG Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 Cocoa Puffs Cereal Bar, WG Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Chocolate Chocolate Chip Muffin Graham Crackers Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	27 Mini Trix French Toast, WG Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	28 Lucky Charms Cereal Cheese Stick Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Mini Cinnamon Caramel Rolls Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Strawberry Cream Cheese Filled Bagel Choice of Fruit Selection of juice 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES

Breakfast	Free
Additional Breakfast	\$1.25
Milk only	\$.75
Adult Breakfast	\$3.00

EXTRA INFO

For questions, please contact Food Service Director Lucy DuHaime at 216-691-2099 or by email at duhaimel@selschools.org.



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