

OCTOBER 2026

FFVP Ashe County Schools

BRES 335
MVES 640
WWES 441

Monday

Tuesday

Wednesday

Thursday

Friday

Asian Pears



Cauliflower Snack
Packs with Fat Free
Ranch



Gala Apples

Golden Delish
Apples



Local NC Apples



Early Release

No School

No School

NC CRUNCH Day
Deal Apple Orchard
Local NC Apple



Baby Carrots With
Fat Free Ranch

October is Farm to
School Month



Apple Slices
Snack Pack



Sliced Cucumbers
With Fat Free Ranch

Menus may change due to availability.