



October

Academy of Accelerated Learning, Inc.

Lunch Preschool

			Lunch Entree Chicken Alfredo Vegetables Broccoli Florets Fruit Diced Peaches	1 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Applesauce	2				
Lunch Entree Meatball Sub Fruit Pineapple Tidbits	5	Lunch Entree BBQ Chicken Slider Vegetables Diced Carrots Fruit Pears	6	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Blueberries	7	Lunch Entree Beef Taco Vegetables Pinto Beans Fruit Diced Peaches	8	Lunch Entree Pizza Crunchers Vegetables Corn Fruit Applesauce	9
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Corn Fruit Pineapple Tidbits	12	Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Pears	13	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Diced Carrots Fruit Blueberries	14		15		16
Lunch Entree Cheeseburger Vegetables Diced Carrots Fruit Pineapple Tidbits	19	Lunch Entree Grilled Chicken & Cheese Taco Vegetables Pinto Beans Fruit Pears	20	Lunch Entree Popcorn Chicken Vegetables Smile Shaped Potatoes Fruit Blueberries	21	Lunch Entree Spaghetti & Meatsauce Vegetables Broccoli Florets Fruit Diced Peaches	22	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Fruit Applesauce	23
Lunch Entree Soybutter & Jelly Sandwich+ Cheese Stick Vegetables Corn Fruit Pineapple Tidbits	26	Lunch Entree Grilled Cheese Vegetables Baked Beans Fruit Pears	27	Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Blueberries	28	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Diced Peaches	29	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Cucumber Slices Fruit Applesauce	30

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



October

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Lunch K8

			Lunch Entree Chicken Alfredo Vegetables Brocoli Florets Brocoli Florets Fruit Red Apple Slices	1	Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Corn Fruit Pear Halves	2			
Lunch Entree Meatball Sub Vegetables Diced Potatoes Fruit Craisins	5	Lunch Entree Mini Chicken Corn Dogs Vegetables Broccoli Diced Carrots Fruit Apple Juice	6	Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes & Corn Fruit Orange	7	Lunch Entree Beef & Cheese Walking Taco Vegetables Pinto Beans Diced Carrots Fruit Red Apple Slices	8	Lunch Entree Pizza Crunchers Vegetables Green Beans Corn Fruit Raisins	9
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Green Beans Corn Fruit Raisins Condiments Ranch Packet	12	Lunch Entree Cheese & Green Chile Tamale Vegetables Pinto Beans Diced Carrots Fruit Apple Juice Condiments Cholula Packet	13	Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Wango Mango Juice Box Diced Carrots Fruit Orange	14		15		16
Lunch Entree Cheeseburger Vegetables Oven Baked Carrot Fries 3/4 Cup Fruit Craisins	19	Lunch Entree Grilled Chicken & Cheese Taco Vegetables Pinto Beans Corn Fruit Apple Juice	20	Lunch Entree Popcorn Chicken Vegetables Green Beans Smile Shaped Potatoes Fruit Orange Grains Honey Graham Crackers	21	Lunch Entree Spaghetti & Meatballs Vegetables Brocoli Florets Fruit Red Apple Slices	22	Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Corn Fruit Raisins	23
Lunch Entree All Beef Hot Dog Vegetables Tater Tots Green Beans Fruit Raisins	26	Lunch Entree Grilled Cheese Vegetables Baked Beans Broccoli Fruit Apple Juice	27	Lunch Entree Loaded Fries with Ground Beef & Queso Vegetables Pinto Beans Fruit Orange Grains Honey Graham Crackers	28	Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Sliced Apples Grains Broccoli Cheese Rice	29	Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Baby Carrots & Cucumber Fruit Craisins Condiments Ranch Packet	30

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