October 2026 NHRHS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
			1 **Banana Chocolate Chunk Bar**	2 **Apple Roll**	**BREAKFAST PRICES:** **Free Breakfast for All Students** **Adult Meal: $3.00** **Milk: $0.75**
5 **Oatmeal Chocolate Chip Rounds**	6 **Apple Cinnamon Texas Toast**	7 **Breakfast Pizza**	8 **Cinnamon Roll**	9 **Banana Bread**	**Alternate Breakfast Choice:** Assorted Cereal Breakfast Bars Fruit and/or Fruit Juice
12 **Columbus Indigenous Peoples Day No School**	Early Dismissal 13 **Mini Chocolate Chip French Toast**	Early Dismissal 14 **Sausage Egg Cheese on a Roll**	Early Dismissal 15 **Cocoa Bread**	Early Dismissal 16 **Cinnamon Crumb Loaf**	Choice of 1% White Milk or Fat Free Chocolate Milk Menu is subject to change
19 **Bagel & Cream Cheese**	20 **Banana Chocolate Chunk Bar**	21 **Ham, Egg & Cheese on a Croissant**	22 **Apple Roll**	23 **Donut Sticks**	*Items Produced in a nut-free facility
26 **Zucchini Bread**	27 **Mini Cinnis Roll**	28 **Egg & Cheese on a Roll**	29 **Confetti Pancakes**	30 **Chocolate Donuts**	East Haddam is an Equal Opportunity Provider www.easthaddamschools.org

IMPORTANT INFORMATION:
To add money to your student's account, please use the MyPaymentsPlus.com site. If you need assistance setting up your account, please contact the school office.

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org