Pre-K October 2026 Elementary School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday	OTHER INFORMATION
Important Information To add money to your student's account, please use the MyPaymentsPlus.com site. If you need assistance setting up your account, please contact the school office.	October 5-9 CT Grown for Kids Week Check out our Local Fresh Fruit & Vegetables on our serving line.	Farm to Plate Berry Hill Farm Cold Spring Farm Gotta Farm Anderson Sugar House Mill Road Maple	1 Chicken Nuggets Dipping Sauces Kernal Corn	2 Pepperoni or Cheese Personal Pan Pizza Vegetable Dippers	Menu is subject to change Full Pay $4.00 Adults $5.00 Reduced Freee
5 Nachos Taco Meat, Salsa Sour cream Warm Cheese Sauce	6 Crispy Chicken Filet Sandwich Choice of Fresh Fruit, Vegetables, Milk	7 French Toast Sticks Sausage Links Tator Tots Berries Local Maple Syrup	8 Sweet & Sour Popcorn Chicken Vegetable Fried Rice Fortune Cookie	9 Pepperoni or Cheese Pizza Garden Salad w/Dressing Fruit	Alternate Lunch Choice: **Sunbutter and Jelly Bento** Sunbutter and Jelly Sandwich with a Cheese Stick, Fruit and Vegetable
12 Columbus/Indigenous Peoples Day No School	Early Dismissal 13 Macaroni & Cheese Seasoned Roasted Broccoli Dinner Roll	Early Dismissal 14 Mozzarella Sticks Marinara Sauce Seasoned Local Green Beans	Early Dismissal 15 Boneless Mini Drumsticks Mini Corn Bread Kernal Corn Choice of Fruit	Early Dismissal 16 Stuffed Crust Pizza Cranberry Spinach Salad Assorted Fruits	Turkey&Cheese Sandwich Choice of Fruit & Vegetables
19 Chicken Tenders Mash Potatoes Roast Broccoli Choice of Fruit	20 Pasta w/Marinara & Meatballs Garlic Knot Rolls Choice of Fruit & Vegetable	21 Dutch Waffles Sausage Links Tator Tots Berries Local Maple Syrup	22 Ravioli Dippers Marinara Sauce Garlic Knot Roll Fresh Vegetable Sticks	23 Pepperoni or Cheese French Bread Pizza Rainbow Vegetables Choice of Fruit	All Meals are served with milk, fruits and vegetables 1% White and Chocolate Fat Free Milk are offered Daily
26 Hot Dogs w/Roll Baked Beans Choice of Fruit & Vegetables	27 Cheesy Meatball Subs Fruit or Vegetable Choice	28 Mini Corn Dogs Smiley Fries Fresh Vegetable Sticks Fruit Choice	29 Cheeseburgers Hamburgers Steak Fries Fruit Choice	30 Pepperoni or Cheese Personnel Pan Pizza Garden Salad Fruit Choice Halloween Treet	East Haddam is an Equal Opportunity Provider www.easthaddamschools.org

Many products contain allergens, for more information or any other questions, please contact Food Services Director, Natalie Mather, at natalie.mather@easthaddamschools.org