



Bad Bunny - Super Bowl performance ~ Vogue Magazine

Politics Meets Pigskin

Kaj Baron
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When the Super Bowl comes around each year, most people expect conversations about halftime shows, commercials, and the biggest plays of the night. Instead, this year's headlines once again drifted into political territory after Donald Trump publicly reacted to the big game (focusing on the Half-time Show specifically) and criticized it, claiming it was a “disgrace to America”. While public figures are free to share their opinions, moments like this raise a bigger question: Should every major cultural event become political commentary?

On one hand, Trump's reaction was not surprising. As a “president” known for speaking directly to the public, he has built a brand around weighing in on trending topics. His supporters often appreciate his willingness to say exactly what he thinks, even about something as universally watched as the Super Bowl.

However, there is also a growing fatigue among viewers who simply want to enjoy sports without political noise. The Super Bowl has long served as a rare moment when millions of Americans, regardless of background or beliefs, tune in for the same reason: football and entertainment. When political commentary dominates the conversation, it can pull attention away from the athletes and the game itself.

In my view, everyone has the rights to comment whatever they want, but timing and tone matter. Not every national moment needs to become a political talking point. Sometimes, letting the players, the fans, and the sport have the spotlight would better preserve what makes the Super Bowl feel unifying in the first place.

Wellness on Posters, Junk in CAHS?

Amia Edward
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Health posters smile from the walls of Charlotte Amalie High School, reminding students to make better lifestyle choices. Teachers talk about nutrition. Health classes emphasize the importance of balanced meals and long-term wellness. Yet, just steps away from these messages, sugary snacks appear during school fundraisers and events, creating a quiet but persistent contradiction.

The campus seems to carry two messages at once. Students have noticed this tension. Some believe that promoting health while selling sugary foods weakens the school's wellness message. Junior Leila pointed out that although the school encourages healthy living, the frequent use of common unhealthy foods for fundraising can make healthy choices feel less meaningful. She explained that while an occasional treat is not harmful, the constant presence of sugary options may shape student habits over time.

Junior Shahara shared that school food sales can slowly influence eating patterns. Even when students understand the importance of nutrition, repeated exposure to candy, soda, and other sweet snacks can normalize these choices. She suggested that the school could reduce the frequency of unhealthy food sales while offering more appealing alternatives such as smoothies, juices, or fruit-based snacks that remain affordable and attractive to students.

Not all students believe the school should restrict food sales. Some argue that fundraisers are designed to support school programs rather than control student diets. Junior Leila emphasized that students ultimately make their own

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A New Generation is Taking Over

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Something pretty interesting happened in the news recently, the Netherlands officially welcomed a new prime minister, and he's already making history. Rob Jetten (38 Years Old - 39 on March 25) became the youngest prime minister the country has ever had, which has a lot of people talking. Many see his leadership as a sign that younger generations are starting to step into major roles and bring fresh ideas into politics. Jetten's rise to power represents more than just his age. Supporters believe he could bring new energy, modern perspectives, and a different approach to solving problems like climate change, the economy, and social issues.

At the same time, being young in such a powerful position comes with pressure. Not everyone is convinced that age equals experience, so he'll have to prove himself through his actions and decisions. Another challenge is that his party doesn't fully control the government. This means he'll need to work with other political groups, even ones that don't always agree with him. While that can make things harder, it also encourages teamwork and compromise, which are important in any democracy. Overall, this moment is exciting because it shows how leadership is changing and how new voices are starting to shape the future of countries around the world.

Editor's Note: Among current Prime Ministers (Heads of State) only 4 are currently younger than Jetten. Milojko Spajić Prime Minister of Montenegro, Daniel Noboa President of Ecuador, Ibrahim Traoré President of Burkina Faso, and Krístrún Frostadóttir Prime Minister of Iceland who is the youngest and youngest female head of state.



Image of Rob Jetten ~ BBC

Working (Virtually) Without Pay

Ta'Keyia Richards
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Some proximity teachers at our school have reportedly been working since Fall 2024 without getting paid. Proximity teachers are responsible for teaching (holding / serving as the person in the room) online school classes, helping students stay on track remotely while supporting the in-person classroom schedule. Their role is important in keeping students engaged and making sure online lessons run smoothly alongside regular classroom instruction. The delay raises questions: Why haven't these teachers been paid yet, and when can they expect their pay? Several teachers have expressed concern about the delayed payments, though the exact reasons for the hold-up aren't clear. Many teachers have said they haven't received official updates or explanations regarding when payments will finally be processed. Going months without pay can affect teacher morale and focus, even if students haven't noticed any direct impact. Timely compensation is not only a matter of fairness but also essential for ensuring a stable and productive learning environment. The situation has also raised broader questions about communication and transparency within the school and district. While school officials have not provided detailed explanations, teachers are waiting for updates and answers regarding when the situation will be resolved. Clear communication from the district could help ease uncertainty and restore confidence among educators. With Proximity Learning seemingly no longer operating alongside the Virgin Islands Department of Education, more answers are needed to ensure that proximity teachers receive the compensation they've earned for their work since Fall 2024.

THOUGHTS & OPINION

Shades of Blue

Joe'Niah Clendinen
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At Charlotte Amalie High School, students wear blue shirts as part of the uniform, but if we are to wear shirts that come in slightly different shades it should not affect anything meaningful within the school community. Different shades of blue do not change a student's character, academic ability, behavior, or respect for school rules. Learning, participation, and discipline are shaped by effort, teaching quality, and school values not by whether a shirt is navy, royal blue, or light blue. As long as students are clearly identifiable as part of the school, the purpose of a uniform is still met with promoting equality, reducing distractions, and creating a sense of belonging. Focusing too much on minor shade differences can distract from what truly matters; education, personal growth, and unity. Allowing flexibility in shades can actually make uniforms more affordable and practical for families without harming school pride or order.

Lack of Teen Activities in St. Thomas

Whanna Delisca
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Living on St. Thomas can be beautiful because of the warm weather and beaches, but when it comes to teen activities, there are very limited options. While there are some events available, many of them are either not well advertised, not consistent, or simply not interesting to most teenagers. As a result, many teens feel bored, especially after school or on weekends. St. Thomas should offer more activities designed specifically for teenagers. For example, there could be more youth centers with game rooms, study areas, and creative spaces. They could also provide more teen sports leagues (beyond the standard IAA fair), art workshops, music programs, and open mic nights where young people can express themselves. Safe teen hangout spots, and organized beach events would also give teens positive ways to spend their time. I think having these activities would not only reduce boredom but also keep many young people out of trouble. (Editor's note: While also building a climate and culture for youth self-expression, something our regional neighbors have been placing on the forefront.)

Something's Smells Rotten in Where Used to be Denmark

Cathen George
Reflector Staff

In several areas of St. Thomas, there are plenty of sewage leaks and manholes having problems. There are sewage odors, especially in the Savan area, that have been there for years. Various drives, streets, and roads, especially around the Department of Labor area, are a “sweet” spot that highlights this olfactory offense. Drivers sometimes must drive through wastewater to get to where they want to go. This issue is offensive to the senses but can damage vehicles as well. There are also problems down by “West” where sewage and wastewater has bubbled up in the neighborhoods. This is prevalent especially past the laundromat where there is a stretch that smells awful.

This is a serious situation, especially in Savan, where I live. While there are certain areas where the scent is less offensive, there are roads that are awful and there is literally a gut that has sewage water running through it and cutting across the neighborhood producing this pungent problem. I know people who live right next to the that gut and I have no idea how they do it. While this may be out of site to t visitors, this can mess with tourism as well. Having wastewater in the streets damages the roads physically and esthetically. This is one of the reasons why the road by the Department of Labor is always cracked or in need of repair. It is ironic that the place where individuals seek work has a road immediately outside that need it.

WELLNESS ON POSTERS (CONT'D)

eating decisions, noting that convenience and personal preference often guide what students choose to eat.

Junior Malayah added that expecting teenagers to always select healthy foods is unrealistic. Cravings, accessibility, and social habits all influence food choices. While she believes the school can promote wellness, she also feels students should take responsibility for their own health decisions.

The discussion surrounding food sales at CAHS reflects a larger question about the role of schools in student wellness. Is the purpose of the school environment simply to educate, or should it also guide lifestyle choices? (editor’s note: this is without even getting in to the discussion of school lunch and the argument of appeal, appearance, and social-opinion especially when students are willing to wait until after school to make a choice on what they would choose rather than eating the provided school lunch)

In the end, the debate remains unresolved. The hallways of CAHS may continue displaying wellness posters, but the conversation about “healthy expectations” and “sweet temptations” is far from over.

A Modern Unsolved Mystery

Joyelle George
Reflector Staff

Nancy Guthrie is a 84-year-old Arizona resident and the mother of NBC’s Today show co-anchor Savannah Guthrie. She mysteriously disappeared from her home on the night of January 31, 2026. What began as a local missing person case quickly gained national attention as new details came out and news outlets began covering the story.

Investigators say that Guthrie was dropped off at her home around 9:50 p.m., and later that night surveillance footage showed a masked person near her property. By the next morning, Guthrie had not attended a scheduled virtual church service, which concerned the members of her church. When family members checked her home, they found it empty and contacted law enforcement.

Authorities treated the situation as a possible crime scene. Some of Nancy’s personal belongings, such as her phone, were reportedly left behind. Law enforcement agencies, including local police and the FBI, joined the search. Officials have not announced any arrests, and the case remains under investigation.

A reward is currently set for \$250,000 as investigators continue to ask the public for help. Officers have urged anyone with information to contact law enforcement directly.

Even though thousands of people are reported missing in the United States each year, not all cases receive national coverage. Several factors have brought more attention surrounding Nancy Guthrie’s disappearance.

First, the unusual details, or lack of. There are details like surveillance footage of a masked individual have raised public concern, but other than that, this case has little to no information on it. This has led many people to start their own investigations on the case.

Second, media coverage increases awareness. When larger news organizations report on a case, it spreads quickly across television and the internet.

Lastly, true crime interest has grown in recent years. Many people follow ongoing investigations closely, looking for updates and hoping for answers.

As of today, officials continue to review evidence and follow leads. Investigators have not yet identified a suspect. Law enforcement has emphasized that they are carefully looking over all available information.

The Second’s Impact

Christopher Onate
Reflector Staff

The debate over firearms in the United States centers on a critical question: Are guns a tool of protection for citizens, or do they increase the constant risk in everyday life?

Statistical data reveals a complex reality. According to the Centers for Disease Control and Prevention, firearm-related deaths have remained among the leading causes of injury-related fatalities in recent years, reflecting a significant public health concern.

At the same time, surveys from the Pew Research Center show that many Americans believe owning a gun increases personal safety.

This contrast highlights a deep social divide. Supporters argue that firearms symbolize national protection and constitutional rights. Critics, however, emphasize the statistical correlation between increased gun access and higher rates of violence, accidental shootings, and community instability. The impact extends beyond crime statistics, affecting education, mental health, and public trust.

Ultimately, the issue is not only about rights, but about measurable consequences and the long-term safety of American society

Senior Year Pressure:

How CAHS Students Are Balancing School, College, and Life

Samyah Dowe
Reflector Staff

Senior year is often described as the most exciting year of high school, but for many students at Charlotte Amalie High School, it can also be one of the most stressful. Between college applications, scholarships, academic responsibilities, and personal commitments, seniors are finding themselves under increasing pressure as graduation approaches.

Many students say that balancing schoolwork with future planning is one of the biggest challenges. Seniors must keep their grades up while also preparing for life after high school, whether that means attending college, joining the workforce, or exploring other opportunities. The process of applying for colleges and scholarships can feel overwhelming, especially when deadlines, essays, and financial concerns all come at once.

In addition to academic pressure, students are also juggling extracurricular activities, part-time jobs, and personal relationships. Social media can sometimes add to that pressure by creating comparisons about achievements, college acceptances, or lifestyle expectations. For some seniors, the excitement of the final year can quickly turn into stress when trying to manage everything at once.

Guidance counselors encourage students to stay organized and remember that asking for help is important. Creating schedules, setting realistic goals, and taking time for mental breaks can help students manage the workload. Counselors also remind students that everyone’s path after graduation is different, and success does not look the same for every person.

Despite the challenges, many CAHS seniors remain optimistic about their future. While the pressure of senior year is real, it is also a time of growth, preparation, and opportunity as students take the next step toward adulthood.

CALENDAR & NOTICES

The SAT & PSAT

The CAW (Charlotte Amalie High Weekly Calendar) has some information on upcoming PSAT (NMSQT) testing dates as well as SAT dates. Visit <https://www.collegeboard.org/> or touch bases with your counselor for more information and/or to register for your first/next/final SAT.

Remember, both assessments are digital now and as such you can take practice tests to see how they feel. Registration for SAT is done through college board account and that same account is what you will log in using on the testing day. For the SAT, you should be at the testing site before 7:45 AM.

Charlotte Amalie High School will only be hosting the March 14, and May 2 2026 SATs, while students can still take the June SAT, they would have to do so at another school or location offering it in the territory.

Smarter Balanced Assessment

Keep an eye and an ear out for information and be willing to put in the work to improve where you stand. The Smarter Balance assessment is coming. A formal schedule will be sent out and we will try to include that schedule in the reflector. At present the window opens on March 16 2026 and the tentative plan is to test on or around the week of April 13th. Juniors and Sophomores (Classes of 2027 and 2028) feel free to take advantage of all resources you can including seminar. The link to the SBAC page for the Virgin Islands is provided here for your benefit. <https://vide.portal.cambiumast.com/families.html>

Miss Charlotte Amalie High School 2026

Join us on March 7, 2026 as S’Naiah, Zoey, Ana, and D’Nae vie for the title of Miss Charlotte Amalie High School 2026. The Oh So Dignified Five put on a incredible and close show in 2025 and now these four Portraits of Elegance are on a quest to see who will be enshrined as the next masterwork to wear the crown.

Worldstrides Heritage Festival

It has been 4 years in the making and the various ensembles of the Charlotte Amalie High School Chickenhawk Music Department are getting ready to head to Orlando as a follow up to their incredible showing in Atlanta at Worldstrides in 2023. The Concert and Jazz Band, the Mello-Hawks Steel Ensemble, and the students of the Choir and Vocal Ensemble(s), their instructors and supporters are all hard at work getting ready to take our motto to O-Town where we know they will excel always.

Brain Builders

Who Am I?

Who am I presents a short poetic or literary aside describing a person/event/place/thing/moment, can you guess who the individual(s) or what the event is based upon the key information provided?

All of these puzzles are related to Virgin Islands History, Womens’ History, and Music in Our Schools (Month).

1. __ K W __ a.k.a __ __ K _ _ _ _

From early days of “What’s got me insane ‘Oh, is I can’t stand to rain,” to penning hits like Pour It Up Pour It Up. Jah-Don and Maka-Don two brothers from Houzin, Up Di Side, their first name and their current name. From early days in the shared apartment to helping to Write APT for Bruno Mars and Rose... Kiebo’s youngest and oldest legends of the USVI. Namesake named for their birth city.

(Musical Duo, CAHS Class of 2000 Alumni)

2. _ _ _ _ _ A _ _ E _ E _ _ _ Y

2nd Woman to serve as USVI Senate President. With pink and purple parent of an Honor Student stickers among her elements. Introducer of the Beacon Schools champion of French-Caribbean heritage and culture. Honored with the Ordre National du M rite and an annex in her honor. (Person - USVI Senator, Born St. Thomas - 1949)

Brain Builders

Cryptic Crossword

A cryptic crossword is a word puzzle where each clue is a miniature riddle, typically composed of a direct definition and a “cryptic” wordplay element, such as an anagram, container, or pun

1.) Bell’s tone initially begins elevating but sound starts phasing before the end connects. (9).

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2.) Covering amassed to protect from poisons ended with those specifically Potassium. (3, 4)

3.) Curved, Crimped, Clipped, Casually tossed used for that texture and to steel certain looks. (7, 4)

4.) Starts top but gives the cue to proceed at the bottom (4, 5)

5.) 8 main types of life-giving deposits boldly doled out. (5, 4)

6.) A lasting model agriculturally numerating and calendaring. (7)

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7.) After a clean sweep, flip it upside down and reverse then bow! (3)

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ANSWERS:Who Am I
(1) ZEKwip a.k.a. Rock City
(2) Lorraine Berry
ANSWERS: Cryptic Crossword
(1) Telephone (2) Gas Mask (3) Curling Iron (4) Stop Light
(5) Blood Bank (6) Almanac (7) Mop