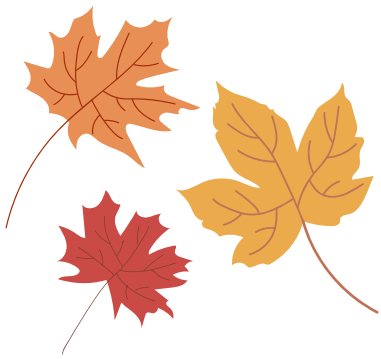




October 2026

Frewsburg MS/HS Breakfast

All students are entitled to one free breakfast and one free lunch per day until further notice.

			Thu 1	Fri 2
			SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE	BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 5	Tue 6	Wed 7	Thu 8	Fri 9
MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE	BAGEL ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNAMON ROLLS ASSORTED CEREAL FRESH FRUIT/ JUICE	WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE	DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 12	Tue 13	Wed 14	Thu 15	Fri 16
COLUMBUS DAY NO SCHOOL	CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE	FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE	SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE	BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 19	Tue 20	Wed 21	Thu 22	Fri 23
MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE	BAGEL ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNAMON ROLLS ASSORTED CEREAL FRESH FRUIT/ JUICE	WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE	DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 26	Tue 27	Wed 28	Thu 29	Fri 30
FILLED CEREAL BAR ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE	FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE	SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE	BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE

Daily Choices: CHOCOLATE MILK · WHITE MILK
EXTRA LUNCH(\$3.75)

MILK(\$0.75)

SNACKS(\$0.75)

ICE CREAM(\$1.50)

View more: <http://schools.mealviewer.com/school/FrewsburgHSMS>
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