

OCTOBER

EAST CLINTON DISTRICT BREAKFAST MENU

WEEK 1
10/5-10/9

WEEK 2
10/12-10/16

WEEK 3
10/19-10/23

WEEK 4
10/26-10/30

MON	TUE	WED	THU	FRI
MINNI CINNI CARAMEL OR CINNAMON or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	CHOCOLATE CHIP FRENCH TOAST or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	BREAKFAST PIZZA or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	BLUEBERRY OR BANANA BREAD or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	1 HOUR EARLY RELEASE BISCUIT & SAUSAGE GRAVY or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk
EGGO MINI CONFETTI PANCAKES or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	EGG & CHEESE STUFFED BISCUITS or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	PANCAKE ON A STICK or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	PARENT/TEACHER CONFERENCES DONUTS GLAZED, CHOCOLATE OR POWDERED or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	NO SCHOOL PROFESSIONAL DEVELOPMENT
CINNAMON TOAST CRUNCH BAR or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	PIZZA BAGEL or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	EGGO MINI MAPLE WAFFLES or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	CHEESY STUFFED HASHBROWN or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	BISCUIT & SAUSAGE GRAVY or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk
APPLE OR CHERRY FRUDEL or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	CINNAMON FRENCH TOAST W/ GLAZE or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	CHEESE & BACON EGG BITES or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	DUNKIN STICKS or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk	1 HOUR EARLY RELEASE BISCUIT & SAUSAGE GRAVY or Cereal, Yogurt, Muffins, offered with 100% fruit juice, assorted fruit & milk
MEALS ARE FREE AGAIN THIS YEAR! SIGN UP AT PAYSCHOOLSCENTRAL.COM TO VIEW MEAL HISTORY AND SET ALERTS. WHILE MEALS ARE FREE, A LA CARTE ITEMS MUST BE PURCHASED WITH CASH OR AN ACCOUNT BALANCE. (NOTE: ONLINE CARD DEPOSITS INCUR A PROCESSING FEE.)				

- EAST CLINTON BREAKFAST & LUNCH IS FREE FOR ALL STUDENTS
- MENU IS SUBJECT TO CHANGE WITHOUT NOTICE BASED ON PRODUCT AVAILABILITY
- USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER