

CONNECTIONS COUNT



Looking for ways to support your child's emotional and behavioral health?

Utsalady Elementary and Elger Bay Elementary, Island County Public Health, and support from Seattle Children's Hospital are partnering to lead a 6-session program to offer strategies and support for common behavioral health challenges.

WHAT IS IT?

First Approach Skills Training - Behavior (FAST-B)

FAST-B was developed by psychologists at Seattle Children's Hospital and teaches brief, evidence-based interventions for behavior issues in children ages 4-11.

School counselors, teachers, and community mental health professionals will lead group sessions on the FAST-B methods. Sessions are open to SCSD elementary school families with priority given to UES and EBE families .

WHY JOIN?

- Connect with other parents in your community.
- Learn practical, evidence-based strategies to support your child's behavioral health.

The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.



DETAILS

Tuesdays from 5:30-7:00pm

- **October 13th**
- **October 20th**
- **October 27rd**
- **November 3rd**
- **November 10th**
- **November 17th**

Dinner & childcare provided

\$50 gift card upon completion of the program



Utsalady Elementary
608 Arrowhead Rd.

CONTACT

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