ALLIANCE FOR A HEALTHIER GENERATION

Status Report

Massachusetts Local Wellness Policy Strength Checklist report for Medford Public Schools.

In partnership with SWITCH

Implementation & Communication

100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-IC-1 ♦	Creation of a wellness committee	Yes	No	-
MA-LWPS-IC-2 ♦	Wellness committee meeting frequency and public notice	Yes	No	-
MA-LWPS-IC-3 ♦	Responsible district-level official	Yes	No	-
MA-LWPS-IC-4	Responsible school-level official	Yes	No	-
MA-LWPS-IC-5 ♦	Triennial Assessment	Yes	No	-
MA-LWPS-IC-6 ♦	Updating and communicating goals	Yes	No	-

School Meal Programming

100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-SM-1 ♦	Compliance with USDA nutrition standards for school meals	Yes	No	-
MA-LWPS-SM-2 ♦	Student privacy	Yes	No	-
MA-LWPS-SM-3 ♦	Access to potable water	Yes	No	-
MA-LWPS-SM-4	Monitoring water quality	Partially	No	-
MA-LWPS-SM-5 ♦	Professional learning for school nutrition professionals	Yes	No	-
MA-LWPS-SM-6	Incorporating student and family/caregiver voice	Partially	Yes	To work on
MA-LWPS-SM-7	Seat time	Partially	Yes	To work on
MA-LWPS-SM-8	Local, culturally relevant, and minimally processed meal options	Partially	Yes	To work on
MA-LWPS-SM-9	Implementing Farm-to-School programming	Partially	Yes	To work on

Competitive Foods & Beverage Standards



QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-CF-1 ♦	Food and beverages sold to students	Yes	No	-
MA-LWPS-CF-2 ♦	Foods and beverages provided for school and classroom events	Partially	Yes	To work on
MA-LWPS-CF-3 ♦	Smart Snacks standards for marketed food and beverages	Yes	No	-
MA-LWPS-CF-4 ♦	Smart Snacks standards for fundraising activities	Yes	No	-
MA-LWPS-CF-5	Prohibition on using food as a reward	Yes	No	-

Nutrition & Food System Education



100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-FL-1 ♦	Nutrition education standards	Partially	Yes	To work on
MA-LWPS-FL-2	Integrated food system education	Partially	Yes	To work on
MA-LWPS-FL-3	Hands-on learning opportunities	Yes	No	-

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-FL-4	Programs promoting food systems education	Partially	No	-
MA-LWPS-FL-5	Accessing local foods	Partially	Yes	To work on

Physical Activity & Education

100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-PA-1 ♦	Goals related to physical activity	Yes	No	-
MA-LWPS-PA-2 ♦	Goals related to physical education	Yes	No	-
MA-LWPS-PA-3	Recess before lunch	No	No	-

Staff Wellness

100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-SW-1	Physical and mental wellness opportunities for staff	No	Yes	To work on

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-SW-2	Healthy staff meeting and celebration standards	No	Yes	To work on

Social-Emotional Climate and Caregiver Engagement

100%

QUESTION		STATUS	ACTION ITEM	COLUMN
MA-LWPS-SE-1	Communication about community-based support	No	No	-
MA-LWPS-SE-2	Implementation of social-emotional learning curriculum	Yes	No	-
MA-LWPS-SE-3	Collaboration to support social-emotional health	No	No	-

Every mind, every body, every young person healthy and ready to succeed

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