



Dallas High School

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Breakfast Mon: Waffle Tue: Biscuits & Gravy Wed: Breakfast Pizza Thu: Breakfast Cookie Fri: Long John Donut			1 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Spaghetti w/Meat Sauce	2 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza
5 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Cordon Bleu	6 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	7 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Hotdog	8 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Alfredo	9 NO School Statewide Inservice
12 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Nuggets	13 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Corn Dog	14 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Pizza Stick	15 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Macaroni & Cheese	16 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza
19 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Tenders	20 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Pork Street Taco	21 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Sleppy Joe	22 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Spaghetti w/Meat Sauce	23 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza
26 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Cordon Bleu	27 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Quesadilla	28 Meat Soft Taco Bento Grill Deli Bar w/chips Fresh Baked Pizza Hotdog	29 Nacho Bar Bento Grill Deli Bar w/chips Fresh Baked Pizza Chicken Alfredo	30 NO School Inservice

Low Fat Milk And A Trip Thru Our Fresh Salad Bar Is Also Included With The Meal

"This Institute is an equal opportunity provider."

There are Substitute positions available in the Food Service Department. Apply at edustaff.com

Info for You

Pizza: We will be offering different **Fresh Baked Daily** choices.

Meat Soft Taco: Protein choices will be freshly made: Refried Beans, Fajita Chicken, or Seasoned Ground Beef

Bento: Fresh cooked Vegetables, with Chicken and Sauce

Grill: Hamburger, Cheeseburger and Chicken Sandwich

Deli: Whole Wheat Deli Bread, Sliced or Hodge, with Ham or Turkey, with Sliced American Cheese

Home Style: Our daily choice for new items

MENU SUBJECT TO CHANGE