

Middle

October 2026

MON

TUE

WED

THU

FRI



Celebrate National School Lunch Week from October 12th to October 16th!

1 Cinnamon Roll
Locally Grown
Walking Taco

2 Banana Chocolate Breakfast Bar
Crispy Chicken Sandwich
Oven fries



Fall Break



12 Breakfast Nachos
Mozzarella Sticks
Marinara Sauce
Roasted Broccoli

13 Berry Yogurt Parfait
Pineapple Sesame Chicken Wings
Sriracha Green Beans

14 Cranberry Orange Muffin String Cheese
Spicy Joe Sandwich
Oven Fries

15 Chorizo Con Papas with Tortilla
Veggie Ramen
Roasted Corn & Carrots

16 Snack N' Waffle
Street Corn Alfredo
Black Bean Mango Salad

19 Oatmeal Chocolate Breakfast Bar
Chicken Tamale
Calabacitas

20 Green Goblin Smoothie & Graham Crackers
Rotini and Marinara Sauce

21 Zucchini Bread Muffin String Cheese
Beef Hot Dog

22 Biscuit Breakfast Sandwich
Beef & Broccoli
Brown Rice

23 Whole Grain Donut Bites
Fish Nuggets
Oven Fries

26 Smoothie Bowl
Homemade Granola
Chicken Alfredo Pasta

27 Chorizo con papas with Tortilla
Orange Chicken and rice

28 Chocolate Cranberry Muffin String Cheese
Bistec Ranchero with Tortilla

29 Jalapeño Cheddar Egg Bites
Breakfast for Lunch Hashbrowns

30 Homemade Egg & Cheese Taco
Spicy Crispy Chicken Sandwich
Oven Fries



DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety
Garden Salad Bar
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears, peaches, and pineapple.



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



October is...



October 12 - 16 - National School Lunch Week
National Pumpkin Month

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75
Lunch \$4.75

Cash/Check Accepted

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn