

Willmar Area Learning Center (9th-12th Grade)
October 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Offered Daily: Skim or Lowfat Chocolate Milk	Oct 1 Homemade Lasagna with Garlic Toast or BBQ Pork on Whole Wheat Bun Crisp Caesar Salad with Dressing Fresh Cucumber Slices Chilled Diced Peaches Chilled Mixed Fruit	Oct 2 Brunch for Lunch: Whole Grain French Toast Sticks with Maple Syrup and Colby Cheese Omelet or Chicken Ranch Wrap Batter Bites Fresh California Blend Vegetables with Homemade Ranch Dressing Fresh Fruit Selection Chilled Diced Pears
Oct 5 Chicken Alfredo with Whole Grain Rotini Pasta with Garlic Toast or Hamburger on Wheat Bun Steamed Broccoli Baby Whole Carrots Chilled Applesauce Chilled Diced Peaches	Oct 6 Nacho Bar: Tortilla Chips with Beef Taco Meat and Cheese Sauce or Hot Turkey and Cheese on Croissant Steamed Black Beans Shredded Romaine Lettuce Chilled Mixed Fruit Chilled Pineapple Tidbits	Oct 7 Sloppy Joe on Wheat Bun or Chicken Breast on Wheat Bun Sweet Potato Crinkle Cut Fries Creamy Coleslaw Fresh Melon Blend Chilled Diced Pears	Oct 8 Kick'n Chicken: Popcorn Chicken with Buttermilk Biscuit and Chicken Gravy or Berry Yogurt Parfait with Sunflower Seeds, and Buttermilk Biscuit Mashed Potatoes Golden Whole Kernel Corn Red Grape Cluster Chilled Mixed Fruit	Oct 9 Domino's Pizza Day! Pepperoni or Cheese Domino's Pizza or Turkey Ranch Wrap Garden Green Salad with Homemade Ranch Dressing Baby Whole Carrots and Celery Sticks with Homemade Ranch Dressing Fresh Fruit Selection Chilled Applesauce
Oct 12 National School Lunch Week Cowboy Jack Burger on Wheat Bun or Yogurt Parfait with Sunflower Seeds and Baked Beans Onion Rings Coleslaw Green Grape Cluster Chilled Diced Pears	Oct 13 National School Lunch Week Local Pulled Chicken on a Bun with BBQ Sauce or Meatball Sub Sandwich on Sub Roll Local Roasted Potatoes Baby Whole Carrots and Celery Sticks with Homemade Ranch Dressing Chilled Diced Peaches Fresh Local Whole Apple	10/13 Menu features Chicken, Potatoes, and Apples from Neighboring Farms.	No School: October 14th-16th, 2026 This Institution is an Equal Opportunity Provider Menu Subject to Product Availability. <u>Please note: First Entree Listed = Main Choice;</u> <u>Second Entree Listed = Alternate Choice</u> Allergy Information: The menus may contain one of the following ingredients: milk, eggs, soy, wheat, peanuts, or tree nuts Deli Meat is sliced lowfat turkey breast or turkey ham	
Oct 19 Big Daddy's Cheese Pizza or Hamburger on Wheat Bun Steamed Broccoli Baby Whole Carrots Chilled Diced Pears Chilled Mixed Fruit	Oct 20 Whole Grain Mini Corn Dogs or Hot Turkey and Cheese on Croissant Baked Beans Fresh Cucumber Slices with Homemade Ranch Dressing Chilled Fresh Apple Wedges Chilled Pineapple Tidbits	Oct 21 Orange You Glad Day: Chicken Strip Tenders with a Dinner Roll and Cardinal Sauce or BBQ Pork on Whole Wheat Bun Sweet Potato French Fries Baby Whole Carrots Orange Smiles Chilled Diced Peaches	Oct 22 Taste of Italy: Italian Meat Sauce with Whole Grain Rotini Pasta and Garlic Toast or Stuffed Crust Cheese Bites with Italian Dipping Sauce Crisp Caesar Salad with Dressing Fresh Cauliflower Buds Petite Banana Chilled Applesauce	Oct 23 Farm to School Day! Whole Grain Mozzarella Cheese Sticks with Italian Dipping Sauce or Chicken Caesar Wrap Local Roasted Potatoes Fresh California Blend Vegetables with Homemade Ranch Dressing Fresh Fruit Selection Chilled Diced Pears
Oct 26 Ground Beef Stroganoff with Whole Grain Rotini Pasta and Whole Wheat Bread Stick or Honey BBQ Chicken Sandwich Crinkle Cut Carrots Celery Sticks with Homemade Ranch Dressing Chilled Mixed Fruit Chilled Diced Peaches	Oct 27 Taco In A Bag: Reduced-Fat Dorito Chips with Beef Taco Meat, Shredded Cheese, and Spanish Rice or Chicken Breast on Wheat Bun Steamed Black Beans Romaine Lettuce Chilled Sliced Strawberry Chilled Diced Pears	Oct 28 General Tso's Chicken with Seasoned Brown Rice or Hamburger on Wheat Bun Garden Green Salad with Lite Ranch Dressing Baby Whole Carrots Honeydew Melon Cubes Chilled Mixed Fruit	Oct 29 Homemade Tator Tot Casserole with Croissant Roll or Yogurt Parfait with Sunflower Seeds, Croissant Roll, and Tator Tots Golden Whole Kernel Corn Chilled Berry Blend Chilled Applesauce	Oct 30 French Bread Garlic Cheese Pizza with Italian Dipping Sauce or Turkey Ranch Wrap Seasoned Green Beans Fresh California Blend Vegetables with Homemade Ranch Dressing Fresh Fruit Selection Chilled Pineapple Tidbits