

Willmar Middle School (6th–8th Grade)

October 2026 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 1 Apple Frudel Stick Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 2 Whole Grain Chocolate Chip Muffin or Protein Power Pack Chilled Mixed Fruit Cups Assorted Juice Skim or Lowfat Milk
Oct 5 Frosted Fudge Pop Tart with String Cheese Chilled Strawberry Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 6 Early Riser Cheese Pocket or Whole Grain Blueberry Muffin Chilled Diced Pear Cup Assorted Juice Skim or Lowfat Milk	Oct 7 Peanut Butter and Jelly Sandwich or Protein Power Pack Chilled Diced Peach Cup Assorted Juice Skim or Lowfat Milk	Oct 8 Classic Potato, Egg, and Cheese Bowl or Whole Grain Long John Roasted Potatoes Assorted Juice Skim or Lowfat Milk	Oct 9 Cherry Frudel Stick Chilled Mixed Fruit Cups Assorted Juice Skim or Lowfat Milk
Oct 12 Turkey Sausage and Egg Breakfast Pizza Chilled Strawberry Applesauce Cup Apple Juice Skim or Lowfat Milk	Oct 13 Banana Breakfast Bar or Protein Power Pack Chilled Diced Pear Cup Assorted Juice Skim or Lowfat Milk	 No School: October 14-16, 2026  Minnesota Free School Meals Program remains in effect for the 2026-2027 school year. All Students receive one FREE breakfast! A well-balanced school breakfast provides the nutrients and energy students need to start their day. A healthy breakfast helps fuel the mind, improve focus, and get students ready to learn!		
Oct 19 Oatmeal Chocolate Chip Breakfast Round Chilled Strawberry Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 20 Whole Grain Mini Pancakes or Protein Power Pack Chilled Diced Pear Cup Assorted Juice Skim or Lowfat Milk	Oct 21 Egg and Cheese Biscuit Chilled Diced Peach Cup Apple Juice Skim or Lowfat Milk	Oct 22 Soft Filled Cinnamon Toast Crunch Bar Chilled Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 23 Fiesta Breakfast Bowl or Blueberry Muffin Top Roasted Potatoes Assorted Juice Skim or Lowfat Milk
Oct 26 Egg, Cheese, and Turkey Sausage Bagel Chilled Strawberry Applesauce Cup Assorted Juice Skim or Lowfat Milk	Oct 27 Whole Grain Chocolate Chip Muffin Chilled Diced Pear Cup Assorted Juice Skim or Lowfat Milk	Oct 28 Strawberry Pop Tart with String Cheese or Protein Power Pack Chilled Diced Peach Cup Assorted Juice Skim or Lowfat Milk	Oct 29 Classic Potato, Egg, and Cheese Bowl or Whole Grain Long John Roasted Potatoes Assorted Juice Skim or Lowfat Milk	Oct 30 Strawberry Cream Cheese Mini Bagels Chilled Mixed Fruit Cups Assorted Juice Skim or Lowfat Milk

This Institution is an Equal Opportunity Provider

Please note: First Entree Listed = Main Choice; Second Entree Listed = Alternate Choice

Please note: Other Options available daily: Assorted Cereal and Crackers with Cheese Stick

Menu Subject to Product Availability

**Allergy Information: The menus may contain one or more of the following ingredients:
milk, eggs, soy, wheat, peanuts, or tree nuts**