

Students in grades 6, 7 and 8 have the opportunity to participate in fall, winter and spring sports. The State of New Jersey issues specific requirements regarding physical exams and paperwork for students to be approved to participate in school sports.

Detailed information about these requirements and links to forms can be found [here](#) and below if you keep scrolling.

- The [Health History](#) and [Physical Form](#) must be completed annually but remain with you and/or your health provider. These forms do NOT need to be turned in to the school nurse unless you are a NEW STUDENT submitting an entrance physical exam.

NEW PROCEDURE! Starting with Winter 2026 sports, the following forms must be uploaded via the Sports Registration link in the [Genesis Parent Portal](#) by the applicable due dates below:

- [Medical Eligibility Form](#)
- [Health History Update Questionnaire](#)
- Sports Participation Slip
- Other Forms: Athletes with medical conditions such as asthma and anaphylactic allergies must submit annual [medication forms](#). Athletes with asthma should obtain permission to carry and self-administer their emergency inhalers.

SEASON	SPORTS	MEDICAL ELIGIBILITY FORM & Health History Update Questionnaire DUE BY
FALL	Coed Soccer, Field Hockey	August 31, 2026
WINTER	Boys Basketball, Girls Basketball	October 30, 2026 Upload forms ASAP before midnight on 10/30
SPRING	Softball, Lacrosse, other sports TBD	TBD

Contact Mrs. Nazzaro, the school nurse, at dnazzaro@bedminsterschool.org with questions.

ADDITIONAL REQUIREMENTS: In addition to registering in Genesis, parents of student-athletes must indicate annually online they have read and understand the following information:

- Opioid Use and Misuse Educational [Fact Sheet](#)
- Concussion Fact Sheet and Acknowledgement [Form](#)
- Sports-Related Eye Injury [Fact Sheet](#)
- Sudden Cardiac Death in Young Athletes [Brochure](#)

PREVENTION AND TREATMENT OF SPORTS-RELATED CONCUSSIONS & HEAD INJURIES

[District Policy 2431.4](#)

[District Regulation 2431.4](#)

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MORE DETAILS ABOUT THE ATHLETIC FORMS, INCLUDING FORMS IN SPANISH (En Espanol):

Athletic Pre-participation Physical Evaluation for Student-Athletes (PPE Forms) The pre-participation physical evaluation must be conducted by a licensed physician, advanced practice nurse (APN), or physician assistant (PA), within 365 days prior to the first official practice in an athletic season (*N.J.S.A. 18A:40-41.7* and *N.J.A.C. 6A:16-2.2(h)*). **The health provider who conducts the exam must also have completed a Cardiac Assessment Module as per the state of New Jersey.** These forms will be kept by the health provider or parent/guardian and do not need to be turned in to the school.

1. PPE Health History Form ([English](#) or [En Espanol](#))
2. PPE Physical Examination Form ([English](#))

NOTE: Athletes with Disabilities should also complete this [Supplement to the Athlete History](#) and upload it under the Other Forms section.

Medical Eligibility Form This form must be completed by the health provider who conducted the physical examination and is **uploaded to Genesis** in order for a student to be approved for participation in school athletics.

1. [PPE Medical Eligibility Form](#)

Health History Update Questionnaire (HHQ Form) Students whose pre-participation physical evaluation (PPE) was completed more than 90 days prior to the first official practice in an athletic season must submit a health history update questionnaire. At Bedminster School this form should be **uploaded to Genesis *each season*** a player registers for a sport.

1) HHQ Form ([English](#) or [EnEspanol](#))