



OCTOBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Croissant w/ Grape Jelly	Yogurt w/ Honey Grahams
5	6	7	8	9
Cinnamon Crumble	Bagel w/ Seedbutter	Croissant w/ Grape Jelly	Chocolate Chip Muffin Top	Yogurt w/ Honey Grahams
12	13	14	15	16
Bagel w/ Cream Cheese	Conchita w/ String Cheese	Banana Muffin	Berry Apple Zee Zee Bar	Strawberry Yogurt Parfait w/ Cinnamon Granola
19	20	21	22	23
No School Staff Development Day	Yogurt w/ String Cheese	Fruit & Yogurt Smoothie w/ Granola	Yogurt w/ Honey Grahams	Blueberry Muffin
26	27	28	29	30
Cinnamon Crumble	Bagel w/ Seedbutter	Croissant w/ Grape Jelly	Chocolate Chip Muffin Top	Yogurt w/ Honey Grahams
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Banana (1/2 C), Pear (1/2 C), Apple Slices (1/2 C), Apple (1/2 C), Plum (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

