



Hertford County Public Schools 9-12 Lunch Menu for October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Hot Ham & Cheese Sandwich Tater Tots Baby Carrots Fruit/Milk	October 2 Big Daddy's Pepperoni Pizza Side Salad Corn Fruit/Milk
October 5 Chicken Fillet Sandwich French Fries Broccoli Fruit/Milk	October 6 Walking Taco w/Doritos Side Salad/Shredded Cheese Corn Fruit/Milk	October 7 Hot Dog w/Chili Sweet Potato Fries Baked Beans Fruit/Milk	October 8 Oven Roasted Chicken Candied Yams/Roll Collards Fruit/Milk	October 9 Fiestada Taco Pizza Black Beans Corn Fruit/Milk
October 12 General Tso's Chicken Fried Rice Glazed Carrots/Broccoli Fruit/Milk	October 13 Buffalo Wings or Chicken chunks/breadstick French Fries Baby Carrots Fruit/Milk	October 14 Teacher Workday No School	October 15 Mozzarella Sticks w/marinara Sweet Potato Fries Baby Lima Beans Fruit/Milk	October 16 Pizza Quesadilla Side Salad Corn Fruit/Milk
October 19 Chicken Chunks/Roll Mashed Potatoes Green Peas Fruit/Milk	October 20 Chicken Fajita w/tortilla Black Beans Corn Fruit/Milk	October 21 Cheeseburger Sweet Potato Fries Broccoli Fruit/Milk	October 22 Turkey & Cheese on Croissant Lettuce/Tomato Cups Tater Tots Fruit/Milk	October 23 Teacher Workday No School
October 26 Chicken Fillet Sandwich French Fries Broccoli Fruit/Milk	October 27 Walking Taco w/Doritos Side Salad Corn Fruit/Milk	October 28 Hot Dog w/Chili Sweet Potato Fries Baked Beans Fruit/Milk	October 29 Hamburger Steak w/gravy Candied Yams/Roll <i>Fresh NC Farm to School Collards</i> Fruit/Milk	October 30 <i>Early Release</i> Big Daddy's Pepperoni Pizza Side Salad Baby Carrots Fruit/Milk

Families Making the Connection

School Lunch Takes Center Stage

Step right up to celebrate National School Lunch Week October 12-16! The #NSLW2026 theme is "Cafeteria Circus", which offers an opportunity to both highlight how nutrition should take center stage for students and recognize our talented School Nutrition professionals who keep the show going each day with school lunch. Students can explore a world of flavors and foods under the big top in their school café to help them succeed in and out of the classroom.

School lunch offers students choices of whole grains, fruits, vegetables, lean proteins, and milk to fuel their day. Students who eat school meals have more focus in class and better

test scores. During NSLW, School Nutrition professionals, school staff and students will find ways to celebrate with their schools and districts through special menus, events, activities, and more. The 2026 NSLW theme allows schools to have fun, be creative, and highlight school meals and their local School Nutrition Programs.

For #NSLW2026 and all month, let's recognize our amazing, dedicated #NCSchoolNutritionHeroes for providing appealing, nutritious meals with a kind word, thank you note, social media post, etc. For more info about school meals and NSLW, go to www.schoolnutrition.org.