

OCTOBER

HCES 2026

Other GRAB & GO

BREAKFAST ITEMS

Blueberry muffin w.
Vanilla yogurt

Strawberry Pop-tart

Fudge Pop-tart

Honey Cheerios

Cinnamon Toast Crunch



Monday	Tuesday	Wednesday	Thursday	Friday
			1 bacon egg cheese biscuit & cinnamon apples salad bar broccoli & cheese dinner roll fruit milk & juice	2 tornado wrap w. goldfish graham & cherry craisins grilled hotdog baked chips cherry tomatoes & dip fruit cookie milk & juice
5 				
12 cinnamon roll & mandarin orange chili dog baked beans curly fries fruit milk & juice	13 chicken biscuit & cinnamon applesauce crispito chips & salsa black beans street corn fruit milk & juice	14 mini maple pancakes & hash brown patty chicken nuggets green beans mashed potatoes roll fruit milk & juice strawberry butter	15 sausage biscuit & gala apple Asian chicken stir fry vegetables egg roll fortune cookie fruit milk & juice	16 tornado wrap w. goldfish graham & fresh banana pepperoni pizza smiley fries sweet corn fruit blue raspberry lemon sidekick milk & juice
19 cinnamon roll & mandarin orange chicken strips breaded okra curly fries texas toast fruit milk & juice	20 chicken biscuit & gala apple soft shell tacos refried beans seasoned potato coins fruit milk & juice	21 mini powdered donuts & hash brown patty chicken nuggets green beans mashed potatoes roll fruit milk & juice strawberry butter	22 bacon egg cheese biscuit & cinnamon apples rotini & meat sauce italian blend veggies garlic toast fruit milk & juice	23 tornado wrap w. goldfish graham & fresh banana pepperoni pizza potato wedges steamed broccoli fruit cookie milk & juice
26 cinnamon roll & mandarin orange chicken sandwich baked beans tater tots fruit milk & juice	27 chicken biscuit & gala apple chili nachos queso cheese sauce black beans street corn fruit milk & juice	28 mini maple pancakes & hash brown patty chicken nuggets green beans mashed potatoes roll fruit milk & juice strawberry butter	29 sausage biscuit & cinnamon apples chicken alfredo California blend veggies garlic toast fruit milk & juice	30 tornado wrap w. goldfish graham & fresh banana pepperoni pizza smiley fries sweet corn fruit blue raspberry lemon sidekick milk & juice

Option 2 Lunch:

Monday:
Cheeseburger

Tuesday:
Cheesy bread w.
marinara sauce

Wednesday:
Crispy Chicken Salad

Thursday:
Bosco sticks w. marinara
sauce

Friday:
Mini corndogs

*Daily: Uncrustable
Deli Sandwich
Chicken Wrap
(available upon inventory)

