

OCTOBER 2026

Carter Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5 WG Rotini & Meat Sauce
Garlic Toast
Steamed Green Beans
Applesauce Cup
Milk or
EZ Jammer Sandwich
Mini Rice Krispie

6 Popcorn Chicken
Mashed Potatoes
WG Roll
Corn
Mandarin Orange Cup
Milk

7 Grilled Cheese &
Tomato Soup
Romaine Salad
Red Grapes
Milk
Or Turkey Sandwich

1 Mini Pancakes
Sausage Links
Hash Browns
Diced Peaches
Milk
or Egg Salad Sandwich

2 Nachos Supreme or
Soft Taco
Steamed Corn
100% juice Frozen Fruit
Smoothie
Graham Cracker & Milk
Cookie \$0.50

12 Chicken Quesadilla
Steamed Broccoli
Orange Slice
Milk
or Ham Sandwich

13 Pizza Bites & Marinara
Sauce, Steamed Carrots
WG Roll
Strawberry Cup & Milk or
Lunch Kit (String Cheese,
Graham, Yogurt, Apple Slice,
Veggie & Milk)

14 Pepperoni Pizza
Steamed Green Beans
Diced Pears
Milk or
Lunchable

8 Orange Chicken Stir Fry
Oriental Vegetables &
Steamed Rice
Egg Roll
Banana
Milk or Pizza Lunchable

9 Soft Taco
Steamed Corn
100% Frozen Fruit Cup &
Fresh Pear
Graham Cracker
Milk or Walking Taco
Cookie \$0.50

19 Hot Dog
Baked Beans
Banana
Milk or
Turkey Sandwich

20 Chicken Patty Sandwich
Steamed Carrots
Red Grapes
Milk or
Lunchable

21 Ravioli & Breadstick
Steamed Peas
Sliced Apples
Milk or
EZ Jammer Sandwich
Mini Ice Cream Treat

15 Sub Sandwich
Small Bag of Chips
Steamed California Blend
Apple Slices
Milk or
Pizza Calzone

16 Nachos Supreme or
Soft Taco
Steamed Corn
100% juice Frozen Fruit
Smoothie
Graham Cracker & Milk
Cookie \$0.50

26 Macaroni & Cheese
WG Roll
Steamed Broccoli
Banana, Milk or Lunch Kit
(Cheez it, Bug bite, String
Cheese, Meat Stick, Veggie,
Banana, Milk)

27 Pepperoni Pizza
Steamed Green Beans
Diced Pears
Milk or
Lunchable

28 Chicken Tenders &
Waffles
Hash Browns
Applesauce Cup
Milk or Turkey Sandwich

22 Grilled Cheese &
Tomato Soup
Romaine Salad
Red Grapes
Milk or
Tuna Sandwich

23 Soft Taco
Steamed Corn
100% Frozen Fruit Cup &
Fresh Pear
Graham Cracker
Milk or Walking Taco
Cookie \$0.50

29 WG Corn Dog
Steamed Carrots
Corn Bread
Orange Slices
Milk or
Lunch Kit (Muffin, Yogurt,
String Cheese, Veggie,
Crackers & Milk)

30 Early Release
K-12 ½ day
Turkey Lunchable
String Cheese
Graham Cracker
Apple Slice
Veggie & Milk

News

**2 oz. protein/meat,
3/4 - 1 cup vegetables,
½ - 1 cup fruit, 1-2
breads/grains and 1 cup
milk per day. Milk
choices include Fat free
chocolate and 1% white
milk. Menu is subject
to change due to
availability of products.
Any questions or
concerns call Angie
Florian at 810-591-8854**

**You can track your
child's lunch purchases
and balances at**

<https://montrose.familyportal.coud>

**You can make deposits
via cash, check, debit
and credit card.**

**Lunch Prices:
Student Lunch: Free**

**Adults \$5.50
Extra Entrée \$2.00
Extra Fruit or
Veggie \$1.00
Extra Milk \$0.75**