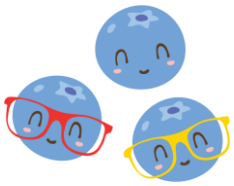
Eastampton Community School BREAKFAST MENU

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast	2 Chocolate Chip Muffin
5 Mini Cinni Rolls	6 Mini Maple Pancakes	7 Bacon Egg & Cheese on Bagel	8 Chocolate Chip French Toast	9 NO SCHOOL
12 NO SCHOOL COLUMBUS DAY	13 Mini Maple Pancakes	14 Bacon Egg & Cheese on Bagel	15 Chocolate Chip French Toast	16 Chocolate Chip Muffin
19 Mini Cinni Rolls	20 Mini Maple Pancakes	21 Bacon Egg & Cheese on Bagel	22 Chocolate Chip French Toast	23 Chocolate Chip Muffin
26 Mini Cinni Rolls	27 Mini Maple Pancakes	28 Bacon Egg & Cheese on Bagel	29 Chocolate Chip French Toast	30 Chocolate Chip Muffin

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Student $2.35

Available Daily
Assorted cereals and cereal bars

Fruit Selection
Assorted Fresh Fruit and Fruit cups. Students may choose two ½ cup servings.

Milk Selection
1% Milk , Fat Free Chocoalate Milk

Your Dining Services Team
Nancy Piazza
Food Service Director
nancy.piazza@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz